



Weekly Inbox

28 JAN 2019 Issue 307

YOUR WEEKLY INBOX

The Weekly Inbox is produced by the Ipswich and East Suffolk Clinical Commissioning Group for circulation in your practice, to provide you with essential clinical guidance and useful support.

The key below indicates the intended audience of each article:

GP: GPs

PM: Practice Manager

Ad: Administrative staff (including medical secretaries, receptionists)

PN: Nurses (including HCAs, Practice Nurses, ANPs)

OC: Other clinicians (including ECP, Pharmacists)

FOR ACTION

- [ME and CFS Specialist Clinic Service Update](#)
- [Mental Health and Emotional Wellbeing – Personality Disorders](#)

FOR INFORMATION

- [Ivry Street Minor Surgery Unit](#)
- [Vivomixx and VSL#3 removed from the Drug Tariff](#)
- [Distraction Burglaries – a Message from the Police](#)
- [Promotion of SEND Transitions Guide](#)
- [Practice Nurse News](#)
- [Local vacancies](#)

IT NEWS

- [NHS England App Launch](#)

EDUCATION & TRAINING

- [Leadership in General Practice Training – 8 Feb, 15 Feb, 15 Mar](#)
- [WRAP Course available on ESR](#)
- [Level 3 Safeguarding Children Training for GPs and Primary Care Professionals](#)
- [PACT](#)

CONTACTS and USEFUL LINKS

- [Contact us](#)

DID YOU KNOW...?

- [Did you know...? Stepping Home](#)

CHART OF THE WEEK

- [Chart of the Week: Quality of Framework Performance on Blood Pressure and Diabetes](#)

FOR ACTION

OC GP PM Ad PN

1 ME and CFS Specialist Clinic Service Update

Due to a change in circumstances Dr Luis Nacul will no longer be available to deliver the ME/CFS specialist service in Suffolk from April 2019.

As a result the service will be unable to process new referrals with immediate effect but Dr Nacul will see patients who have already been referred and will ensure that all patients in the caseload are reviewed between now and the end of March 2019 and discharged with an appropriate management plan.

The CCG and Suffolk GP Federation will review options for the service going forward and will advise further. We would like to thank Dr Nacul for the support he has provided and wish him well for the future.

If you have any questions or concerns, please direct them to [Nicola Brunning](#) by email or telephone: 01473 770230 in the first instance.

[Back to top](#)

OC GP PM Ad PN

2 Mental Health and Emotional Wellbeing – Personality Disorders

We are pleased to confirm that the first of our series on Mental Health and Emotional Wellbeing Clinical Education will focus on Personality Disorders.

Date: 7 February 2019

Time: 6.45pm for dinner, with 7.30pm start. 9.30pm close.

Venue: Trinity Park Conference and Events Centre - Trinity Rooms.

Our speakers will be Dr Lulu Preston Consultant Clinical Psychologist with NSFT who will cover how best to practically manage patients with personality disorder and the skills to achieve this in a 10 minute consultation. Jayne Stevens Manager of Suffolk User Forum – who herself lives with a personality disorder and Dr David Nelson Consultant Psychiatrist on diagnosis formulation and the world of medication within personality disorders. There will be plenty of time too for Q&A.

Please take a look at the [flyer](#) for more details.

We need to know numbers for catering purposes so if you haven't already signed up, please let me know **by 31 January** if you plan to attend, and if you have any special dietary requirements.

[Back to top](#)

FOR INFORMATION

OC GP PM Ad PN

3 Ivry Street Minor Surgery Unit

The Ivry Street Minor Surgery Unit are now set up on the e-Referral Service to receive referrals. Three referral forms have been developed for each service which are below. These services are available on ERS from Monday 4 February 2019.

- [Ivry Street Minor Surgery Unit - Briefing](#)
- [Ivry Street Minor Surgery Unit - Vasectomy Referral](#)
- [Ivry Street Minor Surgery Unit - Lumps and Bumps Referral](#)
- [Ivry Street Minor Surgery Unit - Minor Eye Surgery Referral](#)

[Back to top](#)

4 Vivomixx and VSL#3 Removed from the Drug Tariff

The Advisory Committee on Borderline Substance (ACBS) recently reviewed the probiotics Vivomixx and VSL#3, and concluded that the evidence did not sufficiently demonstrate that the products are clinically effective. Therefore, both products have been removed from Part XV of the Drugs Tariff. Click [here](#) for more information.

[Back to top](#)

5 Distraction Burglaries – a Message from the Police

There have been a number of distraction burglaries targeting elderly members of our communities. The Police have asked for your assistance by reminding the public that if they are approached by or have a home caller purporting to be a police officer, they **MUST** ask for sight of a warrant card to check ID before allowing entry, using a door chain if there is one fitted. If unsure, call Suffolk police on 101 to verify officer via their collar number and home station **before** allowing access to their home. 999 should always be used in an emergency. Please report anything that is suspicious to Suffolk police via 101, no matter how small or insignificant you think your concern may be.

[Back to top](#)

6 Promotion of SEND Transitions Guide

It would be appreciated if you could promote the attached SEND Transitions Guide. The digital version is available [here](#).

[Back to top](#)

7 Practice Nurse News

Please follow the link to this month's edition of [Practice Nurse News](#) which includes details of next month's Practice Nurse Forum, a new diabetes service and online resources, lots of training opportunities and more... Please share with colleagues who may be interested. Copies of all previous editions can be found on the [CCG website](#).

[Back to top](#)

8 Local Vacancies

Please click the above link to see the current local GP and practice staff vacancies. New jobs have been added this week.

If you have a vacancy to advertise here and on our website, please contact [Stuart Graham](#).

[Back to top](#)

IT NEWS

9 NHS England App Launch

Many of you will be aware of the "NHS APP" that was highlighted last year in the press and has been developed by the NHS to provide a simple and secure way to access a range of NHS services on a smartphone or tablet.

Click [here](#) for the briefing received for information from NHS Digital with timeframes of when further information will be released about the app. This is currently the only information we have received.

Whilst the app is available from IOS (iphone) and android app stores so that patients can download, it must be noted that as Suffolk was not one of the pilot sites, patients will only be able to access the symptom checker on the app and no other function apart from asking to be notified when more features will be available from their registered practice and this is covered in the briefing under "National Rollout".

As soon as we receive further information or briefings from NHS Digital, we will communicate them.

If you have any questions, please send them to GP.IT@suffolk.nhs.uk and we will answer them or seek further information from NHS Digital.

[Back to top](#)

EDUCATION & TRAINING

10 Leadership in General Practice Training – 8 Feb, 15 Feb, 15 Mar

This 3-day course is an opportunity for Practice Managers and other leaders to revisit what it means to be a leader. You will take some time out to honestly assess your situations and how you respond to them. You will identify and celebrate what it is that you do so well and gain insight into what can make your leadership even better. Held at West Suffolk House, Bury St Edmunds. Places are filling up; for more information and booking details, view [flyer](#).

This course has been funded by Suffolk and NE Essex Primary Care Training Hub (SNE PACT).

[Back to top](#)

11 WRAP Course Available on ESR

Please see the [confirmation from NHS England](#) that an e-learning WRAP course is now available on ESR.

[Back to top](#)

12 Level 3 Safeguarding Children Training for GPs and Primary Care Professionals

The following Level 3 Safeguarding Children training details have been released. Please book a place through [Caroline Pyrozuk](#).

- Tuesday 19 March 2019, 2-5pm, West Suffolk House, GFR13 Meeting Room – 22 places available.
- Monday 1 April 2019, 2-5pm, Landmark House, LH-VMC G01 Ground Floor Meeting Room – 20 places available
- Monday 10 June 2019, 2:30-5:30pm, Landmark House, LH-VMC G01 Ground Floor Meeting Room – 20 places available
- Tuesday 18 June 2019, 2-5pm, West Suffolk House, GFR13 Meeting Room – 22 places available
- Monday 16 September 2019, 9am-12pm, Landmark House, LH-VMC G01 Ground Floor Meeting Room – 20 places available
- Thursday 19 September 2019, 2-5pm, West Suffolk House, GFR14 Meeting Room – 26 places available

[Back to top](#)

13 PACT (Primary care and Community care Training Hub)



Ipswich & East Suffolk CCG are working together with neighbouring CCGs, representatives from primary and community care services and training providers to address workforce and workload challenges to ensure that we have the right number of health and care professionals with the right skills to meet the evolving needs of local people.

Please follow the link to [PACT Training Hub Newsletter Issue 68](#).

If you would like to sign-up to the newsletter or have any training queries or suggestions, please email PACT@suffolkch.nhs.uk.

[Back to top](#)

CONTACT

- 14 Your views and feedback are very much appreciated. If you have any comments, suggestions or contributions for inclusion in The Weekly Inbox, [please email us](#).

If you are not currently on the regular distribution list for the Weekly Inbox but would like to be, you can [sign up here](#).

For queries relating to contracts, please email IESCCG.gp-contract-queries@nhs.net with **Contracts** in the subject line.



Safeguarding Children is Everyone's Responsibility: news, guidance and resources can be found on the [CCG's Safeguarding Children webpage](#).

Please follow the link for **Safeguarding Adult** information [CCGs Safeguarding Adult webpage](#) and click [here](#) for local information

- [Bookmark the CCG website](#)
- [Latest news from the CCG](#)
- [Who's who in the Clinical Executive](#)
- [Useful links to NHS and other websites](#)
- [Ipswich and East Suffolk Falls Directory](#)
- [Referrals, Briefings and Pathways](#)
- [Download Digital Campaign Resources](#)
- [NHS England](#)



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[Back to top](#)

DID YOU KNOW...?

15 Stepping Home

- Is your patient medically fit to be discharged?
- Are there any environmental issues delaying discharge?

The 'Stepping Home' project offers a short-term solution in a self-contained apartment in Emily Bray House, Ipswich, whilst the environmental issues are being resolved. Click [here](#) for more information.

[Back to top](#)

CHART OF THE WEEK

- 16** We are often asked for more comparative information to enable practices to know where they stand on a variety of indicators in comparison with other practices. Therefore, we publish a chart every week on a variety of topics.

Please [let us know](#) if there are any topics that you would find it useful for us to cover.

This week we are looking at: Quality of Framework performance on blood pressure and diabetes.

The Diabetes LES contains KPIs related to QoF performance on **Blood Pressure** (The percentage of patients with diabetes, on the register, in whom the last blood pressure reading (measured in the preceding 12 months) is 140/80 mmHg or less) and **Cholesterol** (the percentage of patients with diabetes, on the register, whose last measured total cholesterol (measured within the preceding 12 months) is 5 mmol/l or less). Both KPIs are concerned with increasing achievement and we are publishing these numbers in response to a request from a practice.

Practice Code	Practice Name	QoF Measure (MMR) - Blood Pressure				QoF Measure (MMR) - Cholesterol					
		Achievement 15/18	Achievement 16/17	6.7% Improvement Achieved in 16/17?	6.7% Improvement Achieved in 15/16?	Achievement 15/18	Achievement 16/17	6.7% Improvement Achieved in 16/17?	6.7% Improvement Achieved in 15/16?		
00001	CONSTABLE COUNTRY CLUB MEDICAL PRACTICE	75.38	78.43	Yes	76.55	No	77.18	74.23	No	74.29	No
00004	DELUSTON ROAD MEDICAL PRACTICE	82.63	81.35	No	70.00	No	83.27	82.14	No	76.60	No
00006	BLEDSTON HEALTH CENTRE	79.58	81.57	Yes	87.05	Yes	75.56	73.23	No	80.51	Yes
00007	WORTH SURGERY	88.28	78.27	Yes	79.27	Yes	75.38	78.81	Yes	84.77	Yes
00008	BURLINGTON ROAD SURGERY	81.48	83.11	Yes	84.34	Yes	78.28	80.23	Yes	88.71	Yes
00016	HOWARD HOUSE SURGERY	84.73	87.34	Yes	88.03	Yes	83.38	88.01	Yes	88.33	Yes
00017	MEDHAM MARKET COUNTRY PRACTICE	81.28	79.53	No	75.68	No	80.57	77.70	Yes	77.33	No
00019	MENDELHAM HEALTH CENTRE	88.78	88.70	No	87.33	No	82.07	86.84	Yes	86.84	Yes
00020	THE HOLBROOK AND SHOTLES PRACTICE	79.78	81.60	Yes	79.69	No	81.63	81.77	No	81.61	No
00024	IVRY STREET MEDICAL PRACTICE	71.94	71.88	No	73.14	Yes	74.36	73.74	Yes	75.87	No
00026	FRANKHAM SURGERY	75.94	79.30	Yes	76.13	No	79.47	88.27	Yes	79.80	No
00028	LESTON SURGERY	85.22	77.84	No	71.66	No	80.98	88.84	No	82.26	Yes
00029	CHURCH FARM SURGERY	78.41	88.28	Yes	85.00	No	72.08	76.11	Yes	77.11	Yes
00037	HADLEIGH BOULEVARD GROUP PRACTICE	88.12	81.84	Yes	82.04	No	79.11	82.76	Yes	82.83	No
00039	THE CHESTERFIELD DRIVE PRACTICE	78.88	82.54	Yes	80.88	No	88.17	81.95	Yes	77.88	No
00041	DEBENHAM GROUP PRACTICE	68.78	68.22	No	73.66	Yes	51.04	77.87	Yes	85.67	Yes
00042	EYE HEALTH CENTRE	79.48	82.82	Yes	88.53	Yes	86.98	85.86	No	86.67	No
00044	STONHEALTH	83.48	82.86	No	83.58	Yes	89.43	86.79	No	86.83	No
00046	TWO RIVERS MEDICAL CENTRE	71.64	81.84	Yes	78.83	No	73.04	74.37	No	76.78	Yes
00048	GROVE MEDICAL CENTRE	68.82	71.43	Yes	80.11	Yes	69.58	81.76	Yes	84.33	Yes
00049	LITTLE ST JOHN STREET SURGERY	78.48	84.31	Yes	82.76	No	84.78	88.81	Yes	81.86	Yes
00058	SEVEN ROAD SURGERY	71.78	66.57	No	81.64	Yes	72.21	88.11	No	80.74	Yes
00061	THE DORRY ROAD PRACTICE	88.98	83.31	No	85.64	No	81.48	83.82	No	82.36	No
00063	SARABINGHAM HEALTH CENTRE	87.68	78.48	No	80.38	Yes	79.01	77.89	No	74.84	No
00064	THE FENHULLA PRACTICE	79.98	85.86	Yes	88.12	Yes	83.43	87.78	Yes	80.33	Yes
00066	HAYTHORN DRIVE SURGERY	73.82	82.55	Yes	86.74	No	72.98	88.81	No	70.60	Yes
00067	FRAMFIELD HOUSE SURGERY	78.93	79.51	Yes	80.98	Yes	83.79	88.71	Yes	89.86	Yes
00068	THE NEWBORN ROAD SURGERY	79.07	88.89	Yes	83.19	Yes	84.91	86.78	Yes	86.87	No
00069	BARRACK LANE MEDICAL CENTRE	79.44	72.86	No	79.42	Yes	84.88	79.89	No	80.40	Yes
00081	ROCKHAM MARKET MEDICAL CENTRE	67.88	84.30	Yes	82.82	Yes	77.21	78.80	Yes	88.28	Yes
00088	THE BOWFIELD MEDICAL CENTRE	87.81	88.94	Yes	83.72	No	77.48	84.69	Yes	78.28	No
00077	DR SOLWAY & DR WHALE PRACTICE	97.67	85.20	No	81.68	No	88.73	81.93	Yes	82.51	No
00074	ORCHARD MEDICAL PRACTICE	88.27	78.82	No	75.28	No	77.94	78.50	No	77.86	Yes
00079	COMBS FORD SURGERY	78.37	81.86	Yes	79.49	No	78.94	85.29	Yes	87.20	Yes
00080	MARLESHAM SURGERY	65.47	88.89	Yes	89.27	No	78.28	81.43	Yes	84.44	Yes
00081	HAVEN HEALTH	64.28	81.90	No	85.72	Yes	72.58	79.48	Yes	77.42	Yes
00082	WALTON SURGERY	88.81	73.82	Yes	74.89	Yes	78.47	81.73	Yes	81.82	No
00084	THE BRINGS MEDICAL CENTRE	80.84	79.87	No	87.78	Yes	86.28	79.21	Yes	85.14	Yes
00076	THE BURNHAM & CLAYDON SURGERY	89.72	78.80	Yes	83.87	No	88.78	88.80	No	82.33	Yes
Y01794	SAVENHOO MEDICAL PRACTICE	78.71	79.10	Yes	77.78	No	78.77	78.81	No	78.40	Yes
				24		18			24		21

[Click on table to enlarge](#)

[Back to top](#)