

Xyla Health & Wellbeing Newsletter – June

Update

For Diabetes Awareness Week (w/c 14/06), Xyla are holding free webinars to Health Care Professionals and to members of the community, delivering in English, Hindi, Urdu and Punjabi. These webinars are an opportunity to meet the team, learn more about the services we run and to help gain an insight into our recent improvements and service outcomes. We hope to see you on one of these calls.

I am here to provide support to GP practices to ensure all patients have access to the service. To arrange a discussion, please email Robert.Perrement@nhs.net.

Referral Pathways

Within primary care, we want to focus on two referral pathways. These are referrals of your non-diabetic hyperglycemic patients, either on their behalf or by encouraging self-referral.

If referring on the patient's behalf, within the surgery you will please complete an electronic referral form available in SystemOne/EMIS Webb/ ARDENS and emails this to Xyla at scwcsy.suffolk-nessex@nhs.net. Alternatively, if patients are self-referring, they will need their NHS number, eligible blood test result & the date of the test. They can self-refer for the programme either online via <https://preventing-diabetes.co.uk/> or by telephoning 0333 577 3010.

Resources Available

Along with the option of booking a meeting with myself if you have any queries regarding the NDPP, we also have a range of resources available to help you understand and promote the programme to those who need it. This includes NDPP session overviews and patient and referrer information sheets.

In addition, we have also created a video which can be played across GP practice screens within waiting areas. If you would like this for your surgery, please email Robert Perrement.

Referral tables

Along with this newsletter, you should have received a 'league table' document which includes all the practices split into PCN's along with the last 3 months referral numbers and a total of referrals from these 3 months.

The referral numbers have been colour coded, with 0-10 referrals being in red, 11-20 referrals being in yellow and more than 20 referrals being in green. Of course, we all want to be in green, and this gives us a target to achieve with the referrals over the upcoming months.

Important Reminder

Please see figure 1, which illustrates the Diabetes prevalence across SNEE, and across the three CCG's. Until now, West Suffolk has been our top referring CCG. Despite this, West Suffolk still has the highest prevalence of Diabetes within their population. Therefore, this again highlights the importance of referring the eligible patients to the programme to get the support which will make a key difference to their overall health & wellbeing.

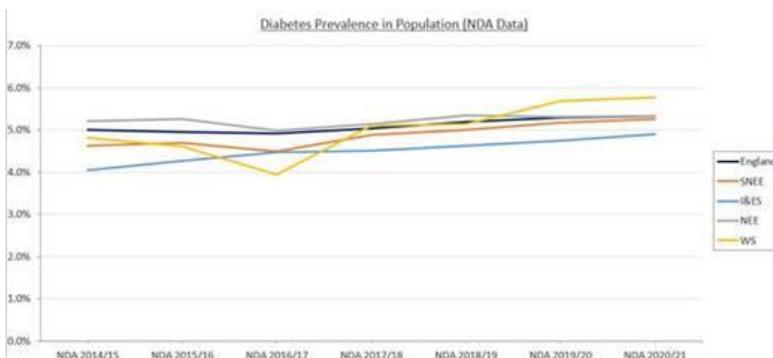


Figure 1. Diabetes Prevalence Across SNEE, I&ES, NEE & WS.