

## Safeguarding Children and Adult Level 3 Update Guidance and Opportunities

### Introduction

Welcome to a Safeguarding Children & Adult Level 3 update produced for Primary Care staff within Suffolk.

The aim of this update is to provide staff with the new CCG training plan, for information regarding the current safeguarding children and adult agenda and enable the opportunity for personal learning and reflection on safeguarding practice. This document replaces any previous publications.

To protect children and young people (CYP) and adults from harm, and help improve their wellbeing, all healthcare staff must have the competencies to recognise maltreatment, opportunities to improve wellbeing, and to take effective action as appropriate to their role. The competencies therefore relate to an individual's role not their job title and apply to all staff delivering, or working in settings which provide healthcare.

C&YP are those who have not yet reached their 18th birthday and includes the unborn child:

[\(Safeguarding Children and Young People: Roles and Competencies for Healthcare Staff 2019\).](#)

For adults, this is a person over the age of 18 yrs:

<https://www.rcn.org.uk/professional-development/publications/pub-007069>

Training requirements for Primary Care:

<https://www.rcgp.org.uk/-/media/Files/CIRC/Safeguarding/Safeguarding-training-requirements-for-Primary-Care.ashx>

This guidance has been developed in line with all the above guidance to support health professionals fulfil their statutory training requirements.

The competency framework within each of the above documents identifies five levels of competence, and gives examples of groups that fall within each of these levels, with each level building upon the competencies, knowledge and skills of the preceding levels.

It is recommended that staff use the personal learning prompts, short PowerPoint presentations and links to e-learning packages, to reflect on your safeguarding practice- this can be via discussion with their line manager and 1-1s or via production of a short reflective

Produced by Lyn Parsons (adapted from Sussex CCGS) edited by TG & JH IESCCG & WSCCG 2020

piece that would also be of use for staff who are required to provide reflection for NMC revalidation etc.

This will contribute to and supplement the learning requirements for staff who require a minimum 16 hours of learning at Level 3 over a 3 year period. See the document above for training requirements if new to service or SG lead.

*(This can include face-to-face taught sessions, e-learning, clinical case discussion at supervision, personal reflection and attendance at external events- Intercollegiate Document 2019).*

In order to be signed off as compliant at level 3, staff will be asked to complete a self-declaration of learning statement found at the foot of this document. Please use ESR or portfolio entry to record your learning.

## **Face to face level 3 training from the CCG Safeguarding team (to be completed when new in post and at least every 3 years thereafter)**

The CCG safeguarding team are now offering a 2 hour joint adult and children's local update via Microsoft teams which you are expected to complete at least every 3 years once you have completed your level 3 e learning packages. These will be an opportunity to hear about local issues and cases, go through the local referral process and ask any questions you may have.

Dates for these sessions and booking details will be advertised in the CCG safeguarding monthly bulletin which is sent to all surgeries.

## **Useful Links**

- Suffolk Safeguarding Partnership website for all local information for safeguarding both adults and children including access to the referral portal: [www.suffolksp.org.uk](http://www.suffolksp.org.uk)
- Adult Safeguarding framework – the aim of which is to help a professional formulate/guide whether or not they need to undertake an adult safeguarding referral. <https://suffolksp.org.uk/working-with-children-and-adults/adults/safeguarding-adults-framework/>
- The adult framework document - <https://suffolksp.org.uk/assets/Working-with-Children-Adults/Training/Train-the-Trainer-docs/2020-01-24-Safeguarding-Adults-Framework-v9.pdf>
- NHS England Safeguarding: <https://www.england.nhs.uk/safeguarding/>
- NHS England Safeguarding App: <https://www.england.nhs.uk/safeguarding/nhs-england-safeguarding-app/>

*The NHS Safeguarding app continues to support frontline staff and citizens with 24-hour, mobile access to up to date safeguarding guidance and local contacts to report safeguarding concerns*

## E- Learning Safeguarding Children Training

There are currently a range of free e-learning packages available to staff to help achieve the level 3 safeguarding children competency requirements.

Information about accredited training and education programmes including links to e-learning can be found at, [www.e-lfh.org.uk/projects/safeguarding-children](http://www.e-lfh.org.uk/projects/safeguarding-children)

Below is an example of those easily accessible:

- <https://portal.e-lfh.org.uk/Component/Details/391100>  
Safeguarding Children and Young People Level 3 covers a wide range of topics including management of sudden or unexpected death in childhood, parental risk factors, unexplained injuries, neglect in a disabled child, fabricated and induced illness and adolescents presenting with suspected sexual assault. These seven sessions have been created for all clinical staff working with children, young people and/or their parents/carers and who could potentially contribute to assessing, planning, intervening and evaluating the needs of a child or young person and parenting capacity where there are safeguarding/child protection concerns
- <https://www.fgmelearning.co.uk>  
90 minutes of level 3 learning on FGM - Home Office training.
- <http://www.seenandheard.org.uk>  
Level 3 training focusing on Child Sexual Exploitation

## E- Learning Safeguarding Adult Training

<https://www.futurelearn.com/courses/level-3-safeguarding-adults>

- **Explore professional safeguarding approaches to protect adults at risk** This course contributes towards the achievement of Level 3 Safeguarding competencies, as set out in Safeguarding for Adults: Roles and Competencies. On this course, you'll build the skills to ensure people at risk of abuse and neglect receive the care and protection they need to stay safe and unharmed. You'll explore safeguarding in a professional context and learn how to appropriately share information on safeguarding concerns in writing and in meetings. You'll also reflect on the complexity of the role of supervision in safeguarding and learn ways to overcome safeguarding challenges.

<https://www.rcgp.org.uk/>

<https://www.scie.org.uk/search?sq=self-neglect+and+hoarding>

## Self-Led Learning and Reflective Practice Opportunities

The Intercollegiate Document (2019) identifies the role that reflection, self-led learning and supervision can play in achieving the desired Level 3 learning outcomes and competencies.

'Hot Topic' presentations that staff can work through independently that encourage self-reflection and discussions with managers at 1-1s etc are often found through e-learning for health, Suffolk Safeguarding Partnership Board, Suffolk CPD online and BlueStream. However, see below for other options.

There are monthly bulletins sent to your Practice managers and these too provide opportunities.

### Meet the MASH

Currently being delivered via Microsoft teams, e mail [Julie.purnell@suffolk.gov.uk](mailto:Julie.purnell@suffolk.gov.uk) for dates and booking details. Watch the below film to see how the Suffolk MASH works:

<https://www.youtube.com/watch?v=j1eDm4WowPI&feature=youtu.be>

## ACES: Adverse Childhood Experiences

[TED TALK: Nadine Harris-Burke \(ACE's\)](#)

[Adverse Childhood Experiences UK](#)

Activity: When a new patient registers at your surgery, do you ask about ACE's, what impact has it had or would have if you asked these questions?

## Prevent

[Profound- What is Prevent](#)

## Exploitation

[What is County Lines?](#)

[CSE: What is child sexual exploitation?](#)

## MCA and DOLS training

Please note MCA and DOLS should not be seen as solely about safeguarding. It is every professional's duty and responsibility to consider this in all patient contacts.

<https://www.scie.org.uk/care-providers/coronavirus-covid-19/virtual-courses/mca-training-webinar-series>

<https://www.scie.org.uk/e-learning/dols>

## Reflective Practice upon learning from Child Safeguarding Practice Reviews and Safeguarding Adult Reviews

As part of your blended learning you may find it beneficial to write a short reflection discussing the importance of encouraging engagement with hard to reach patients and capturing the voice of the individual. If you are a deputy safeguarding lead and you do not work directly with children or adults, you may need to consider how you ensure you identify any needs of children or adults within their care networks that you support.

**Please see the links to local reviews for both children and adults.**

Child safeguarding practice reviews -

<https://www.suffolksp.org.uk/working-with-children-and-adults/children/child-safeguarding-practice-reviews/>

Adult safeguarding reviews -

<https://www.suffolksp.org.uk/working-with-children-and-adults/adults/safeguarding-adults-reviews/>

## Further opportunities for reflection:

The royal college of GP's, has some useful scenarios for discussion and reflection

<https://www.rcgp.org.uk/clinical-and-research/resources/toolkits/child-safeguarding-toolkit/practice-learning-and-development.aspx>

Child was not brought to appointment -

<https://www.youtube.com/watch?v=dAdNL6d4lpk>

For adults:

<https://www.rcgp.org.uk/clinical-and-research/about/clinical-news/2018/august/ground-breaking-adult-safeguarding-guidance-launched.aspx>

## Record Keeping for Primary Care Staff

A short video to help promote effective safeguarding and record keeping practice:

A 5 minute RCGP video which demonstrates good safeguarding practice for the whole primary care team

<https://www.youtube.com/watch?v=yv4Y3vPs9X8&feature=youtu.be>

And this is a link to the RCGP guidance on recording and read coding safeguarding information

<https://www.rcgp.org.uk/clinical-and-research/resources/toolkits//-/media/Files/CIRC/Toolkits-2017/Safeguarding-adults-at-risk-Toolkit/RCGP-Safeguarding-Coding-Information-June-2017.ashx>

## Confirmation of Level 3 Safeguarding Training Compliance

**Discussed as part of Annual** appraisal - crucial to determine individuals' attainment and maintenance of the required knowledge, skills and competence. Employers and responsible officers should assure themselves that appraisers have the necessary knowledge, skills and competence to undertake appraisals, and in the case of medical or nursing staff to oversee revalidation.

### Self-declaration:

I confirm that I have completed the required level 3 training packages to meet the competence level required to practice at L3 for both children and young people and adults.

Training log is attached to evidence my learning.

Signed:

Print:

Dated:

Manager signature at Annual appraisal/ revalidation