

# Principles of End of Life Care Management

As an Integrated Neighbourhood Team (INT) member, you are invited to join a one day online training course on End of Life (EOL) care management. The aim of this course is to provide you with guidance and some practical support in what is sometimes a difficult area to approach.

There will be two main topics and sessions delivered in two 2.5 hour sessions with regular breaks in between over the course of the day. The sessions will be available from October until February, places will be limited so book early to avoid disappointment.

## Part 1 - My Care Wishes (MCW)

(Also known as Advance Care Planning/Yellow Folder)

Early planning for the future can help avoid confusion and misunderstanding at a later date.

This section aims to improve your confidence in discussing EOL planning with individuals and their families and will provide guidance in the completion of MCW folders. It will explore approaches to help you to overcome challenges that you might face in these discussions.

## Part 2 - Difficult conversations and planning for end of life

This session is a combination of presentation, discussion, interactive learning and real life examples of difficult and challenging conversations in complex and often difficult situation.

## What will I learn from this course?

- How to talk to an individual about end of life care
- How to discuss and complete a 'My Care Wishes' plan
- Awareness of the benefits of end of life care planning and what it means
- Resources to help start the conversation

This course is aimed at health and social care staff working as part of an Integrated Neighbourhood Team, including care homes and patient facing primary care staff. It will be delivered and facilitated by the St Elizabeth Hospice team.

(This course will be delivered online via Microsoft Teams please therefore make sure you have access to this and are comfortable using this software).

To book a place and for the most up to date information, please visit:

[stelizabethhospice.org.uk/hospice-education](https://stelizabethhospice.org.uk/hospice-education)

Please enter booking ref: CCGEOLCV19