### GOVERNING BODY REPORT

<table>
<thead>
<tr>
<th>Agenda Item No.</th>
<th>07</th>
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<tbody>
<tr>
<td>Reference No.</td>
<td>IESCCG 19-51</td>
</tr>
<tr>
<td>Date.</td>
<td>24 September 2019</td>
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<table>
<thead>
<tr>
<th>Title</th>
<th>Emergency Food Fund</th>
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<tbody>
<tr>
<td>Lead Chief Officer</td>
<td>Maddie Baker-Woods, Chief Operating Officer</td>
</tr>
<tr>
<td>Author(s)</td>
<td>Louise Hardwick, Head of Partnerships Andrea Pittock, Suffolk Community Foundation</td>
</tr>
<tr>
<td>Purpose</td>
<td>To inform the Governing Body on the work and interim outcomes of the Emergency Food Fund within Suffolk but in particular Ipswich and East Suffolk.</td>
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### Applicable CCG Clinical Priorities:

1. To promote self care
2. To ensure high quality local services where possible
3. To improve the health of those most in need
4. To improve health & educational attainment for children and young people
5. To improve access to mental health services
6. To improve outcomes for patients with diabetes to above national averages
7. To improve care for frail elderly individuals
8. To allow patients to die with dignity and compassion and to choose their place of death where appropriate
9. To ensure that the CCG operates within agreed budgets

### Action required by Governing Body:

To note the report.
1.0 **Background**

1.1 The Emergency Food Fund was created by Ipswich and East Suffolk and West Suffolk Clinical Commissioning Groups. As health partners we understand that income and poor nutrition are key causes of ill-health and therefore were keen in working with partners to address these issues.

Evidence is widespread and includes:
- There is a 12 year drop in life expectancy between Suffolk’s most deprived and least deprived areas.
- 27.8% of children in Ipswich live in poverty.
- The most deprived children and young people are 1.5 times more likely to go to A&E or be admitted to hospital than the least deprived.
- There are strong links between deprivation and mental health.

1.2 Poverty impacts health, that is seen acutely when people are unable to feed themselves and their families adequately. Meeting this need is vital to maintaining good health and wellbeing which will help to relieve pressure on health services.

The Fund was available for organisations delivering in East and West Suffolk.

This fund particularly offered:
- grants of up to £10,000 for the development of emergency food deliveries and holistic support for those in need (primarily aimed at foodbanks).
- grants of up to £5,000 to tackle emergency food for young people in need, such as holiday hunger projects.
- grants of up to £5,000 to groups distributing food to older people in need.
- grants of up to £5,000 to organisations distributing food to the homeless and vulnerably housed (i.e. supported accommodation).
- grants of up to £2,000 for Parents Teaching Associations (PTAs) to access funding for breakfast clubs or similar.

1.3 Working with Suffolk Community Foundation the Suffolk CCGs Emergency Food Fund has awarded over £65,000 to 10 local food banks and other voluntary organisations involved in feeding nearly 1300 people in Suffolk.
## Grants awarded in 2019 (All Suffolk)

<table>
<thead>
<tr>
<th>Organisation</th>
<th>Grant awarded</th>
<th>Estimated beneficiaries</th>
<th>Project</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aspect Living Foundation</td>
<td>£4,970</td>
<td>500</td>
<td>To provide replacement insulated delivery boxes for the new 'Meals on Wheels' service in Suffolk.</td>
</tr>
<tr>
<td>Caribbean and African Community Health Support Forum</td>
<td>£2,716</td>
<td>50</td>
<td>To support Dice 'n' Spice - a home meals delivery service.</td>
</tr>
<tr>
<td>Catch 22</td>
<td>£5,000</td>
<td>125</td>
<td>To provide a project for children and young people in Ipswich to help prevent holiday hunger.</td>
</tr>
<tr>
<td>Chapman Centre Trust</td>
<td>£5,000</td>
<td>300</td>
<td>To provide breakfast and lunches to homeless people in Ipswich at the Chapman Centre.</td>
</tr>
<tr>
<td>FIND (Families in Need) Ltd</td>
<td>£2,000</td>
<td>1000</td>
<td>To support additional food purchases over the winter period.</td>
</tr>
<tr>
<td>Gatehouse Caring in East Anglia</td>
<td>£10,000</td>
<td>1500</td>
<td>Towards supporting the running costs of the Gatehouse foodbank.</td>
</tr>
<tr>
<td>New Life Church (Suffolk)</td>
<td>£10,000</td>
<td>2800</td>
<td>To support the foodbank and its work within the community.</td>
</tr>
<tr>
<td>REACH Community Projects</td>
<td>£10,000</td>
<td>1500</td>
<td>Towards running costs of the foodbank in Haverhill.</td>
</tr>
<tr>
<td>Stour Valley Vineyard Church</td>
<td>£6,000</td>
<td>3000</td>
<td>To support the Storehouse foodbank.</td>
</tr>
<tr>
<td>Suffolk West Citizens Advice Bureau</td>
<td>£9,954</td>
<td>750</td>
<td>To directly support foodbanks in the West Suffolk area.</td>
</tr>
<tr>
<td>Whitton Youth Partnership</td>
<td>£4,095</td>
<td>1200</td>
<td>To support holiday hunger in the Whitton area of Ipswich.</td>
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<tr>
<td><strong>Total</strong></td>
<td><strong>£69,735</strong></td>
<td><strong>12,725</strong></td>
<td><strong>Cost per head: £5.48</strong></td>
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### Beneficiaries by group (All Suffolk)

<table>
<thead>
<tr>
<th>Primary beneficiary group</th>
<th>Estimated beneficiaries</th>
<th>Amount awarded</th>
</tr>
</thead>
<tbody>
<tr>
<td>People living in poverty</td>
<td>9,925</td>
<td>£43,000</td>
</tr>
<tr>
<td>Families/parents/lone parents</td>
<td>750</td>
<td>£9,954</td>
</tr>
<tr>
<td>Black, Asian and minority ethnic</td>
<td>50</td>
<td>£2,716</td>
</tr>
<tr>
<td>Homeless people</td>
<td>300</td>
<td>£5,000</td>
</tr>
<tr>
<td>Older people</td>
<td>500</td>
<td>£4,970</td>
</tr>
<tr>
<td>Children and young people</td>
<td>1,200</td>
<td>£4,095</td>
</tr>
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</table>
2.0  **Detail of Grants Awarded and Beneficiaries**

2.1  **Aspect Living Foundation (197202)**

The grant of **£4,970** was to provide replacement **insulated delivery boxes** for the new 'Meals on Wheels' service in Suffolk.

**Project area:** Suffolk  
**Primary issue:** Health, wellbeing and serious illness  
**Primary beneficiaries:** Older people  
**Primary age group:** Seniors (65+)  
**Primary ethnicity:** All ethnicities

Aspect Living Foundation (ALF) inherited their original equipment from the previous service providers and used the grant to replace the old insulated carry boxes and heated inserts with new **insulated delivery boxes** in two sizes. Due to **food hygiene and safety** reasons, it is imperative the meals reach customers within a **specific temperature range**.

Elderly and vulnerable people are at increased risk of malnutrition, hospital admission or readmission if they are unable to have a nutritious meal daily. This service provides **nutritious meals to older people** in Suffolk, together with a **personal safety and wellbeing visit** at the time of delivery which can also be used to **combat loneliness and social isolation**. ALF staff alert next of kin, local authorities or NHS professionals at an early stage if support is required.

Although most of their customers are over 65, the service is aimed at anyone who is **housebound** whether through **illness, age or infirmity**. The service is available on a **temporary or permanent** basis, for example for people recently discharged from hospital, in order to prevent readmission. Family, friends and carers of customers can be **reassured** that someone is looking in on their loved ones.
2.2 Caribbean and African Community Health Support Forum (187190)

The grant of £2,716 was to support Dice 'n' Spice - a home meals delivery service.

**Project area:** Ipswich  
**Primary issue:** Caring responsibilities  
**Primary beneficiaries:** Black, Asian and minority ethnic  
**Primary age group:** Seniors (65+)  
**Primary ethnicity:** Caribbean

The Caribbean and African Community Health Support Forum (CACHSF) have purchased essential equipment, such as durable food containers, kitchen serving equipment and thermally insulated bags, as well as using part of the funding towards kitchen hire and volunteer expenses. This has allowed the organisation to provide a culturally appropriate food provision within the African and African Caribbean communities of Suffolk, benefitting isolated people who have difficulty leaving their homes due to illness or disability.

**Case study**

"My husband is now housebound and unable to do much for himself, but the team now provide two hot meals a week for him which he enjoys very much. This takes some of the pressure off me so that I get a break from the everyday cooking. I am not always at home on a Wednesday when the food is delivered, but they always make sure that he is looked after before they leave. I am so grateful to the CACHSF team, I cannot thank them enough.” – a client

2.3 Catch 22 (187164)

The grant of £5,000 was to provide a project for children and young people in Ipswich to help prevent holiday hunger.

**Project area:** Ipswich  
**Primary issue:** Poverty and disadvantage  
**Primary beneficiaries:** People living in poverty  
**Primary age group:** Children (5-12)  
**Primary ethnicity:** All ethnicities

To help prevent holiday hunger, Catch 22 are co-ordinating a programme of free activity sessions supplemented by a nutritious meal for each participant during the Easter, May, Summer and October school holidays in 2019. So far, the programme has provided activity opportunities in three locations for 15-30 young people a day during the school holidays. Referral schools this year have been Ipswich Academy, Westbourne Academy and Chantry Academy.

During the Easter holiday, 32 individuals attended, with a total of 72 free lunches provided and 12 hours of activity over the six sessions. Five sessions were attended by 40 individuals during May half term, with 60 free lunches provided and 10 hours of activity. The summer project consisted of 20 sessions attended by 64 individuals, with 20 free lunches provided and 40 hours of activity.
“I think it was brilliant. Everyone was friendly and great with the kids. She had fun, played, tried new things and wanted to do more sessions.” – Parent

“If I wasn’t doing this, I would just be at home playing video games.” – Young person

2.4 Chapman Centre Trust (197212)

The grant of £5,000 was to provide **breakfast and lunches** to the **homeless** of Ipswich at the Chapman Centre.

**Project area:** Ipswich  
**Primary issue:** Homelessness  
**Primary beneficiaries:** Homeless people  
**Primary age group:** Adults (26-65)  
**Primary ethnicity:** All ethnicities

The Chapman Centre is open **seven days a week** and provides an average of **twelve hot lunches per day**, as well as **breakfasts on Wednesdays and Thursdays** to clients who have been found **rough sleeping**. Most clients do not have the facilities to cook a hot lunch and so would not receive a hot nutritious meal without this service. An average of **three food parcels per week** are also given out of clients needing **emergency food**.

**Since 1st April 2019,** the Chapman Centre have provided **88 breakfasts** and **1,493 lunches** to **homeless people**, helping to maintain their health and wellbeing. Whilst clients are in the centre, staff hold informal conversations to provide **advice on housing, benefits and debt**, as well as **signposting** clients to other organisations where appropriate. This assists vulnerable clients, who often lead chaotic lives, to move towards **independence**.

2.5 FIND (Families in Need) Ltd (187185)

The grant of **£2,000** was to support **additional food purchases** over the **winter** period.

**Project area:** Ipswich  
**Primary issue:** Poverty and disadvantage  
**Primary beneficiaries:** People living in poverty  
**Primary age group:** All ages  
**Primary ethnicity:** All ethnicities

FIND will use this funding to purchase **additional food** and **fresh produce** to include in **food parcels after Christmas**, as food bank collections are usually smaller at this time of year, making it difficult to cover **essential items**.

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**Age range of clients who received food parcels**

- Under 25
- 25-40
- 40-65
- Over 65
2.6 Gatehouse Caring in East Anglia (197207)

The grant of £10,000 was to support the running costs of the Gatehouse foodbank.

Project area: St Edmundsbury
Primary issue: Poverty and disadvantage
Primary beneficiaries: People living in poverty
Primary age group: Adults (26-65)
Primary ethnicity: All ethnicities

Between 1st April and 1st August 2019, Gatehouse gave out 325 food parcels, of which 150 parcels were for families with children. More parcels are given out during school holidays, such as Easter, the Summer and Christmas, which it thought to be due to families not being able to use the free school meal system to provide hot meals for their children on weekdays.

2.7 New Life Church (197204)

The grant of £10,000 was to support the foodbank and its work within the community.

Project area: Stowmarket
Primary issue: Poverty and disadvantage
Primary beneficiaries: People living in poverty
Primary age group: All ages
Primary ethnicity: All ethnicities

New Life Church provide emergency food parcels through their foodbank, run two lunch clubs and offer family support. The food parcels support families and individuals in times of crisis, such as unemployment, bereavement, victims or crime and family breakdown. The roll out of Universal Credit has resulted in a dramatic increase in referrals as people are struggling to adjust to the changes.

Case studies

“Our foodbank worker delivers food to people all over the area. Recently, he delivered food to a homeless man living in his car. The worker was able to encourage the man and chat with him, along with delivering the much needed food. The man appreciated the time spent with...
him, the encouragement not to give up and the company of our driver. The man has since been housed in Ipswich.”

“We supported a family through domestic violence, providing help and encouragement to get out of the situation. We continued to support as they fled their home. We were able to help with food parcels, family support and the family attended holiday lunch clubs. By liaising with other organisations working with the family, we were able to support them while they were in the refuge and continue to visit them now they are back in Suffolk.”

2.8 REACH Community Projects (187191)

The grant of £10,000 was towards the running costs of the foodbank in Haverhill.

Project area: Haverhill
Primary issue: Poverty and disadvantage
Primary beneficiaries: People living in poverty
Primary age group: Adults (26-65)
Primary ethnicity: All ethnicities

From 1st August 2018 to 31st July 2019, REACH provided 970 food boxes (up by 19% on the previous year) which supported a total of 1,710 people (up by 11%). Debt is a big issue, often caused by Universal Credit, with 28% of clients stating debt as the reason for needing support, up from 21.5% the previous year and considerably higher than the Trussel Trust average of 9%. Mental health is an issue too, with REACH estimating that at least 50% of clients are experiencing some form of mental health issue. Benefit related issues are down, but REACH believe this may be due to clients feeling that debt is a greater concern than the benefit issue and therefore stating debt as the reason for needing support.

Case study

“REACH recently visited a family who literally had no money left and no food in the house. They had not really done anything over the summer holidays, so REACH not only took them food, but also purchased cinema tickets for the family out of client aid – if nothing else, just to give them a break!”

2.9 Stour Valley Vineyard Church (197452B)

The grant of £6,000 was to support the Storehouse Foodbank.

Project area: Sudbury
Primary issue: Poverty and disadvantage
Primary beneficiaries: People living in poverty
Primary age group: All ages
Primary ethnicity: All ethnicities

The foodbank collects donations of food, sorts and bags them and provides food parcels for those in food poverty through their twice weekly drop in sessions. Food is delivered to clients without transport after the Tuesday drop in. Clients receive a three day supply of food for every family member and are signposted to other organisations for further help where appropriate.

Case study

“I fell into a living nightmare when my DLA/PIP ‘transfer’ left me facing homelessness and bankruptcy. I never thought I would need help from a foodbank. I didn't know what to expect. I felt ashamed, guilty, a failure in life because I couldn't provide for my daughter. The ladies
offered food, support, understanding and great comfort with their prayers and love. When this is over, I want to help other people. Thank you.” – a Storehouse client

2.10 Suffolk West Citizens Advice Bureau (197211)

The grant of £9,954 was to directly support foodbanks in the West Suffolk area.

**Project area:** West Suffolk  
**Primary issue:** Poverty and disadvantage  
**Primary beneficiaries:** Families/parents/lone parents  
**Primary age group:** All ages  
**Primary ethnicity:** All ethnicities

Suffolk West Citizens Advice Bureau (SWCAB) provide free, confidential, impartial, non-judgemental and independent information, advice and advocacy to the local community. Trained and experienced staff offer advice on welfare benefits, money, employment, housing, consumer, immigration and child support issues, as well as offering support with form completion for disability benefits.

SWCAB are offering advice during **one session each week at six foodbanks** – Haverhill, Bury St Edmunds (x2), Brandon, Mildenhall and Newmarket, reaching a minimum of 3-5 people a week at each venue. This project enables SWCAB to directly support clients receiving food parcels at the foodbanks, as clients who are referred to the organisation do not always attend.

2.11 Whitton Youth Partnership (197208)

The grant of £4,095 was to support holiday hunger in the Whitton area of Ipswich.

**Project area:** Whitton, Ipswich  
**Primary issue:** Poverty and disadvantage  
**Primary beneficiaries:** Children and young people  
**Primary age group:** Children (5-12)  
**Primary ethnicity:** All ethnicities

Whitton is one of the 10% most deprived wards of the country and therefore has a high level of families in poverty and children receiving free school meals. Whitton Youth Partnership deliver four different sessions for young people after school and during the school holidays. Having identified holiday hunger as a problem, the organisation will support young people attending their activities by providing free food at an Easter session, a three day transition project during May half term, two Summer activity days, three sessions in October half term, a session at Christmas and another during February half term. An average of 30 young people attend each day session. Food is also provided at the end of the monthly Movie Club on a Saturday morning, with around 20 young people attending each month.

**Case study**

“A young lady, who is one of our regulars from Whitton Primary School, chose a quiet moment to ask the volunteer kitchen staff if she could take some of the leftover food home for the rest of her family. A package was put together and our 9 year old went home with it - says it all really.”
3.0 Publicity and Social Media

4.0 Evaluation

4.1 This report has summarised: the purpose of the grant programme, awards made; initial provision; and detailed examples of beneficiaries’ experiences. Some investments are still being spent. A full evaluation will be provided 12 months after the grants were made, which will provide the basis for future further investment and decision making.