

Ipswich and East Suffolk Alliance



Case Study:

ACTIVE SCHOOLS

Active Schools is a project run by Babergh and Mid Suffolk district councils in partnership with the NHS Ipswich and East Suffolk and NHS West Suffolk clinical commissioning groups.

The three-year project has the support of Active Suffolk, which is dedicated to increasing the number of people taking part in sport and physical activity. Around 15 per cent of children in Babergh and Mid Suffolk districts are obese, with even more living with excess weight and putting themselves at risk of the associated health risks this presents.

Addressing this problem at a young age will help children live longer and healthier lives and reduce future healthcare costs.

Active Schools seeks to provide targeted support with bespoke solutions for the schools taking part - Wells Hall Primary School in Great Cornard (Babergh) and Freeman Primary School in Stowupland (Mid Suffolk).

