



CanTest
Right place, right time, by your family doctor

UNIVERSITY OF
CAMBRIDGE

East of England
Cancer Alliance



FIT-Poo Test Study to help diagnose bowel conditions



What is the reason for this study?

This study is called **FIT-Poo Test Study** because FIT is a shortened name for Faecal Immunochemical Test (in which 'faecal' means 'poo'). Our study is aiming to find out how this poo test can help your family doctor make decisions about the best way to go ahead with patients who have symptoms such as change of bowel habit, weight loss or tiredness. The most important thing we will look at is what happens during and after the test is ordered, how results are followed up, and what people's experiences have been during and after taking the test.

The results of this study will allow us to develop better ways to diagnose conditions safely and as early as possible in the future.

Why have I been invited?

Your doctor's surgery is taking part in this study. You have received this invitation because your doctor requested a FIT-poo test for you as a result of your symptoms.

What happens if I agree to take part?

There are two parts in this study: one involves our researchers collecting information about your symptoms, the results of the FIT-poo test and any other tests done, possible referral to hospital for more tests, and diagnosis; the second part will invite some patients to discuss their experience with the test. You can choose only to participate in the first part.

In part one, our researchers will ask you to fill in a questionnaire. At the end of a 12 month period our researchers will collect information on results, possible referrals to hospital for more tests and diagnosis from your medical notes and other sources. The medical information will be transferred in a secure way.

In part two, we will invite some people for a face-to-face conversation within a month of doing the FIT-poo test. In these conversations, we would like to talk about your experiences of doing the test and what happened before and after the test. Before agreeing to take part, you will be given extra information about the conversations and can ask questions. The conversations will take place at your home or at a place you choose.

What are the benefits of taking part?

The study will not have any direct benefits for you, but it will help us understand how we can improve future diagnosis of bowel conditions.

What are the disadvantages of taking part?

Taking part in this study will not influence your health care. It does mean that the researchers will have information about your recent health problems and tests. If you are selected for a face-to-face conversation at a later date, this would mean giving up some of your time for this to take place. These conversations are expected to last up to an hour.

What will happen to the results of the study?

The results of this study will help your doctor better diagnose bowel conditions in the future. They will also be presented at conferences and published in academic journals.

Will my taking part in this study be kept confidential?

Yes. All information about you will be handled in strict confidence and will only be used for the purpose of this research. It will be stored securely at the University of Cambridge. Your name (or any other information which could identify you) will never be used in any reports or publications. Your personal details will be kept separately to your medical information, so it will not be easy to identify you.

The University of Cambridge is the sponsor for this UK-based study. We will be using information from you and/or your medical records in order to undertake this study and will act as the data controller for this study.

This means that we are responsible for looking after your information and using it properly. The University of Cambridge will keep identifiable information about you for one year after the study has finished.

Your rights to access, change or move your information are limited, as we need to manage your information in specific ways in order for the research to be reliable and accurate. If you withdraw from the study, we will keep the information about you that we have already obtained. To safeguard your rights, we will use the minimum personally-identifiable information possible.

Your anonymous information collected during the research study may be kept securely to be used in future research, including research looking at social and economic factors affecting health. This could include sharing your anonymous information with other researchers from NHS organisations or universities. Wherever this happens it will be done under strict legal agreements.

You can find out more about how we use your information

<https://www.medschl.cam.ac.uk/research/privacy-notice-how-we-use-your-research-data/>.

What if there is a problem?

If you have any concerns please contact the senior researcher, Dr Fiona Walter, who will do her best to answer your questions. If you wish to withdraw from this study, you can contact the researcher at any time, after which no further information will be collected from your medical notes. The University of Cambridge has specific arrangements in place if you suffer any harm as the result of taking part in the study.

If you wish to make an independent complaint about the study process, please contact the Primary Care Unit: PCUPA@medschl.cam.ac.uk.

What do I do now?

If you are happy to take part in this study, please indicate this in the boxes and sign the consent form, put them in the FREEPOST envelope, and post it.

If you do not want to take part, you do not need to complete the consent forms but should still take your poo sample as instructed and return the sample to your GP as soon as possible.

The research team will use your name and contact details to contact you about the research study, and make sure that relevant information about the study is recorded for your care, and to oversee the quality of the study. Individuals from the University of Cambridge and regulatory organisations may look at your medical and research records to check the accuracy of the research study. The only people in the University of Cambridge besides the research team who will have access to information that identifies you will be people who need to contact you to audit the data collection process. The people who analyse the information will not be able to identify you and will not be able to find out your name or contact details.

Further information

You can ask questions about the study at any time and can contact the following people for more information:

Study researcher: FIT-East@medschl.cam.ac.uk

Senior researcher: Dr Fiona Walter

Tel: 012237 62514, email: fmw22@medschl.cam.ac.uk

Primary Care Unit, Department of Public Health and Primary care.
2 Worts' Causeway, Cambridge CB1 8RN

For more information about research generally, including patient and NHS involvement in research, you can contact INVOLVE on 02380651088 or visit www.invo.org.uk

Thank you for reading and considering taking part in this study