

## **GP Practice Briefing Frailty Assessment Base (FAB)**

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### **What is it?**

The Frailty Assessment Base (FAB) is located at Ipswich Hospital and provides multidisciplinary advice and assessment for frail older people. This is a new service staffed by senior consultants, therapists, nurses, pharmacists and dieticians. It provides Comprehensive Geriatric Assessment for frail older patients at risk of acute admission. This service is for patients who are deteriorating functionally, medically or cognitively and are failing to respond to initial treatment where timely proactive assessment and intervention is required to prevent admission. This is an extension of the current Hot Phone and Clinic activity. The phone will continue to be held by a consultant geriatrician who is available for advice.

Following attendance at FAB a shared care plan containing a summary of assessment, interventions and on-going treatment plan will be shared with the patient, any on-going services and electronically to the GP. The FAB team will complete any onward referrals e.g. to ACS, CAT, LHCT, DIST etc. and this information will be in the shared care plan. The team has access to step across intermediate care and acute beds as required. Medication changes will be clearly communicated and a 14 day supply given of any new drugs.

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### **Benefits to patients**

Direct access to senior specialists will facilitate timely, proactive multidisciplinary assessment and intervention which will help prevent acute deterioration, hospital admissions and maintain independence.

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### **How do I refer?**

#### **Hot Phone [07930 181236](tel:07930181236)**

Manned by consultant geriatrician 9am-5pm, will provide advice or accept referrals  
Same day assessment requests must be phoned

#### **Email [ihn-tr.FAB@nhs.net](mailto:ihn-tr.FAB@nhs.net)**

Email referral letter, guaranteed 2 working day response, phone call not required

### **Share**

Please gain consent and share the record. If patient record is shared we only need details of the acute problem in the letter or phone call.

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### **Launch Details**

The service will commence on 5<sup>th</sup> October and will run 10am-6pm Monday to Friday initially.

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### **Who to contact**

If you have any queries or need any further information about this service please contact the Commissioning Implementation team on 01473 770267 in the first instance.