

## Preferred Priorities for Care



# Preferred Priorities for Care

## What is this document for?

The Preferred Priorities for Care (also known as PPC) can help you prepare for the future. It gives you an opportunity to think about, talk about and write down your preferences and priorities for care at the end of your life. You do not need to do this unless you want to.

The PPC can help you and your carers (your family, friends and professionals) to understand what is important to you when planning your care. If a time comes when, for whatever reason, you are unable to make a decision for yourself, anyone who has to make decisions about your care on your behalf will have to take into account anything you have written in your PPC.

Sometimes people wish to refuse specific medical treatments in advance. The PPC is not meant to be used for such legally binding refusals. If you decide that you want to refuse any medical treatments, it would be advisable to discuss this with your doctors.

Remember that your views may change over time. You can change what you have written whenever you wish to, and it would be advisable to review your PPC regularly to make sure that it still reflects what you want.

## Should I talk to other people about my PPC?

You may find it helpful to talk about your future care with your family and friends, although sometimes this can be difficult because it might be emotional or people might not agree. It can also be useful to talk about any particular needs your family or friends may have if they are going to be involved in caring for you. Your professional carers (like your doctor, nurse or social worker) can help and support you and your family with this.

When you have completed your PPC you are encouraged to keep it with you and share it with anyone involved in your care. Unless people know what is important to you, they will not be able to take your wishes into account.

### **Will my preferences and priorities be met?**

What you have written in your PPC will always be taken into account when planning your care. However, sometimes things can change unexpectedly (like carers becoming over-tired or ill), or resources may not be available to meet a particular need.

### **What should I include in my PPC?**

You should include anything that is important to you or that you are worried about. It is a good idea to think about your beliefs and values, what you would and would not like, and where you would like to be cared for at the end of your life.

### **People who should be asked about your care if you are not able to make a decision for yourself**

You may have formally appointed somebody to make decisions on your behalf, using a Lasting Power of Attorney, in case you ever become unable to make a decision for yourself. If you have registered a Lasting Power of Attorney please provide their contact details below.

Name:
Address:
Telephone number:
Relationship to you:

Even if you have not registered a Lasting Power of Attorney, is there anybody you would like to be consulted about your care in the event that you are unable to make decisions for yourself? If so, please provide their contact details below.

Name:
Address:
Telephone number:
Relationship to you:

# Your preferences and priorities

**In relation to your health, what has been happening to you?**

**What are your preferences and priorities for your future care?**

**Where would you like to be cared for in the future?**

**Signature**

**Date**

**Please record any changes to your preferences and priorities here**  
(Please sign and date any changes)

## **Further information**

You can use this page to make a note of any further information you need or questions you might want to ask your professional carers (like your doctor, nurse or social worker).



This document was given to me by:

Name:

Organisation:

Tel:

Email:

Further information about PPC is available at: [www.endoflifecareforadults.nhs.uk](http://www.endoflifecareforadults.nhs.uk)

**Originated by Lancashire & South Cumbria Cancer Network June 2004 and  
endorsed by the NHS End of Life Care Programme**

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