



## Top Tips

### Managing Time

Think about the length of the appointment; will 30 minutes suffice? Do other checks, such as a blood test, also need to be booked?

Consider spacing out annual health check appointments throughout the year. This gives time to reschedule missed appointments and avoids having all the appointments around the same time.

### For more detail on the annual health check process

The RCGP has created a really useful step by step guide for GP Practices undertaking annual health checks for patients with Learning Disabilities: <http://www.rcgp.org.uk/learningdisabilities/>

### Read coding

The diagnostic codes for Learning Disabilities and health checks are listed below. Check that the correct ones are being used.

Learning Disabilities Read Codes – diagnostic codes		
	Read v2	Read CTV3
Mental Retardation	E3...%	E3...%
[X] Mental retardation	Eu7..%	Included in E3...%
[X] Developmental disorder of scholastic skills, unspecified	Eu81z	Eu81z
[X] Mild learning disability	Eu816	XaREt
[X] Moderate learning disability	Eu814	XaQZ3
[X] Severe learning disability	Eu815	XaQZ4
[X] Profound learning disability	Eu817	XaREu
[X] On learning disability register	918e.	XaKYb
[X] Specific learning disability	Eu818	Included in E3...%

Learning Disabilities Health Check Read Codes – Health Check	Read v2	Read CTV3
Learning Disability health examination (Payment Count (reimbursed at £140 per completed LD check))	69DB.	XaPx2
Learning disabilities annual health assessment declined	9HB6.	XaQnv
Learning disabilities health action plan completed	9HB4.	XaJsd
Learning disabilities health action plan reviewed	9HB2.	XaJWA
Learning disabilities health action plan declined	9HB0.	XaJW9

Taken from 'Enhanced Service Specification Learning Disabilities Health Check Scheme 1<sup>st</sup> April 2017 – 31<sup>st</sup> March 2018'

### Health Check Templates

Practices are asked to use the NHS England designed health check template which is readily available on SystemOne and EMIS. It is titled '**Learning Disabilities Health Check**'

Guidance about the template can be found here: <https://www.england.nhs.uk/south/wp-content/uploads/sites/6/2017/03/Final-LD-Template-Summary-1403-V10.pdf>

### Easy Read

Review the way LD patients at the practice are communicated with. Easy Health has a huge library of easy read documentation for a wide variety of purposes: [http://easyhealth.org.uk/listing/health-checks-and-assessments-\(leaflets\)](http://easyhealth.org.uk/listing/health-checks-and-assessments-(leaflets))

### Other Checks

- People with a learning disability are at increased risk of developing dementia, so consider whether it is also appropriate to conduct a dementia screen at the same time.
- Consider whether an NHS Health Check (for 40-74 years) is appropriate and can therefore be conducted at the same time. This health check is claimed via Public Health so two checks can be completed in one appointment.

### Learning Disability Liaison Nurses

NSFT Learning Disability Liaison Nurses work with GP practices to support them with patients with learning disabilities. Many practices have regular contact with a nurse, however they are available to respond to queries from all practices: [liaison.nursesld@nsft.nhs.uk](mailto:liaison.nursesld@nsft.nhs.uk). They also offer training to practices and can work closely with a practice for a period of time if needed.