

Gluten Free Formulary from January 2020

For adults aged 19 years and over no gluten free food is to be prescribed, this should be purchased by the patient.

For children and adolescents up to 18 years a maximum of 8 units per month can be prescribed, and the following items must be adhered to:

- Long-life bread/rolls
- Fresh bread/rolls
- Mixes

Quantities

Age	Number of units per month
Children 18 years and under	8
Adults 19 years and over	0

Product	Pack size	Units per pack
<i>Long-life bread</i>		
Glutafin gluten free white sliced loaf 300g	1 x 300g	1
Glutafin gluten free fibre sliced loaf 300g	1 x 300g	1
Glutafin gluten free high fibre sliced loaf 350g	1 x 350g	1
Glutafin gluten free Select white sliced loaf 400g	1 x 400g	1
Glutafin gluten free Select fibre sliced loaf 400g	1 x 400g	1
Glutafin gluten free Select seeded sliced loaf 400g	1 x 400g	1
Juvela gluten free white sliced loaf 400g	1 x 400g	1
Juvela gluten free white unsliced loaf 400g	1 x 400g	1
Juvela gluten free fibre sliced loaf 400g	1 x 400g	1
Juvela gluten free fibre unsliced loaf 400g	1 x 400g	1
Juvela gluten free part-baked white loaf 400g	1 x 400g	1
Juvela gluten free part-baked fibre loaf 400g	1 x 400g	1
<i>Long-life rolls</i>		
Glutafin gluten free white rolls 200g (50g x 4)	4 x 50g	0.5
Glutafin gluten free part-baked fibre rolls 200g (50g x 4)	4 x 50g	0.5
Juvela gluten free white rolls 425g (85g x 5)	5 x 85g	1
Juvela gluten free fibre rolls 425g (85g x 5)	5 x 85g	1
<i>Fresh bread</i>		
Genius white sandwich bread sliced 535g	6 x 535g	6
Genius brown sandwich bread sliced 535g	6 x 535g	6
Glutafin gluten free Select fresh white sliced loaf 400g	8 x 400g	8
Glutafin gluten free Select fresh brown sliced loaf 400g	8 x 400g	8
Juvela gluten free fresh white sliced loaf 400g	8 x 400g	8
Juvela gluten free fresh fibre sliced loaf 400g	8 x 400g	8

Fresh rolls

Juvela gluten free fresh white rolls 425g (85g x 5)	8 x 5 x 85g	8
Juvela gluten free fresh fibre rolls 425g (85g x 5)	8 x 5 x 85g	8

Mixed cases of fresh bread and / or rolls

Juvela fresh white loaves 4 x 400g + fresh fibre loaves 4 x 400g	8 x 400g	8
Juvela fresh white loaves 4 x 400g + fresh white rolls 4 x 425g	4 x 400g + 4 x 425g	8
Juvela fresh white loaves 4 x 400g + fresh fibre rolls 4 x 425g	4 x 400g + 4 x 425g	8
Juvela fresh fibre loaves 4 x 400g + fresh fibre rolls 4 x 425g	4 x 400g + 4 x 425g	8
Juvela fresh fibre loaves 4 x 400g + fresh white rolls 4 x 425g	4 x 400g + 4 x 425g	8
Juvela fresh white rolls 4 x 425g + fresh fibre rolls 425g	8 x 425g	8

Mixes

Barkat gluten free all purpose flour mix 500g	1 x 500g	2
Glutafin gluten free multipurpose white mix 500g	1 x 500g	2
Glutafin gluten free wheat free fibre mix 500g	1 x 500g	2
Glutafin gluten free Select multipurpose white mix 500g	1 x 500g	2
Glutafin gluten free Select multipurpose fibre mix 500g	1 x 500g	2
Juvela gluten free white mix 500g	1 x 500g	2
Juvela gluten free fibre mix 500g	1 x 500g	2
Juvela gluten free harvest mix 500g	1 x 500g	2
Barkat gluten free hi-fibre bread mix 500g	1 x 500g	2
Glutafin gluten free bread mix 500g	1 x 500g	2
Glutafin gluten free fibre bread mix 500g	1 x 500g	2
Glutafin gluten free Select bread mix 500g	1 x 500g	2
Glutafin gluten free Select fibre bread mix 500g	1 x 500g	2