

# Suffolk & North East Essex Stoma Formulary

Version 5.0 – January 2020

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| <b>Prescribing Indicator</b>     |
| <b>1<sup>st</sup> Line</b>       |
| <b>2<sup>nd</sup> Line</b>       |
| <b>On specialist advice only</b> |

## Approved Product List

| Barrier Films                                       | Type / Code | Quantity   | Cost   | Quantity per month        |
|---|-------------|------------|--------|---------------------------|
| <b>Film Spray</b>                                   |             |            |        |                           |
| 3m Health Care Cavilon No Sting Barrier pump spray  | 3346P       | 28ml spray | £5.85  | 1 x bottle                |
| <b>Film Wipes</b>                                   |             |            |        |                           |
| StoCare Protect Barrier Wipes                       | STC250      | 30 wipes   | £12.95 | 1 x box                   |
| Salts Barrier Film Wipes <b>2<sup>nd</sup> Line</b> | PPS1        | 30 wipes   | £16.35 |                           |
| Cavilon Wipes – Specialist Advice ONLY              | 3344E       | 30 wipes   | £23.76 | 1 box per <u>2 months</u> |

| Skin Fillers  | Code    | Quantity | Cost  | Quantity per month                         |
|---|---------|----------|-------|--|
| Hollister Adapt Paste 60g (Contains Alcohol)          | 79300   | 60g tube | £4.04 | 1-3 tubes additional at specialist request |
| Dansac Soft Paste (Contains Alcohol)                  | 77550-0 | 50g tube | £3.77 |  |
| Oakmed Stoma Paste <b>2<sup>nd</sup> Line</b>         | SP 008  | 56g tube | £7.84 |  |
| Convatec Stomahesive Paste <b>2<sup>nd</sup> Line</b> | S105    | 60g tube | £7.87 |  |

| Discharge Solidifying Agents                         | Code    | Quantity    | Cost   | Quantity per month                     |
|--|---------|-------------|--------|--|
| Bullen Absorbian Sachets                             | UFAS-01 | 30 sachets  | £7.88  | 1 box additional at specialist request |
| Respond Absorbent Gel Sachets <b>Higher Quantity</b> | PFW6    | 150 sachets | £42.62 |  |
| Independence Absorbent Strips                        | P200AS  | 200 strips  | £20.40 |  |

| Lubricating deodorant gels (sachet/bottle)               | Code  | Quantity   | Cost   | Quantity per month |
|--|-------|------------|--------|--------------------|
| Respond Glide <b>8ml</b> Sachets                         | TCB3  | 30 sachets | £6.95  | 1-3 boxes          |
| Hollister Adapt Lubricating Deodorant <b>2ml</b> Sachets | 78501 | 50 sachets | £13.83 |                    |

| Sore Skin Accessories                                   | Code | Quantity   | Cost  | Quantity per month                        |
|---|------|------------|-------|---|
| <b>Paste</b>  |      |            |       |   |
| Orabase Paste   | S103 | 30g tube   | £2.20 | 1-3 tubes                                 |
| <b>Skin Protector</b>                                   |      |            |       |   |
| Ilex Skin Protectant Paste <b>2<sup>nd</sup> Line</b>   | IP51 | 57g tube   | £8.35 | 1-3 tubes                                 |
| <b>Powder</b>   |      |            |       |   |
| Coloplast Brava Ostomy Powder                           | 1907 | 25g bottle | £2.50 | 1 bottle additional at specialist request |
| Convatec Orahesive Powder                               | S106 | 25g bottle | £2.53 |   |
| Renew Protective Powder (Aloe) <b>*Higher Quantity*</b> | ABP2 | 50g bottle | £5.01 | 1 bottle every 3 months                   |

| Flange extenders   | Code     | Quantity  | Cost   | Quantity per month                                      |
|--|----------|-----------|--------|---|
| Salts Flange Extender with Aloe                                    | SPHA2    | 30 pieces | £13.67 | <b>1-2 boxes</b><br>additional at<br>specialist request |
| Coloplast Brava Elastic Tape                                       | 12070    | 20 pieces | £13.42 |   |
| UltraFrame Flange Extenders *ultra-thin transparent film           | UFWAFH33 | 20 pieces | £13.70 |   |
| Dansac X-tra Strips Barrier Extenders <b>2<sup>nd</sup> Line</b>   | 075-30   | 30 pieces | £19.42 |   |
| OstoMart Astoa Adhesive Flange Extender <b>2<sup>nd</sup> Line</b> | AFEL30   | 30 pieces | £19.65 |   |

| Mouldable washers  | Code         | Quantity   | Cost          | Quantity per month   |
|--|--------------|------------|---------------|--|
| Salts Mouldable Seals Thin / with Aloe                     | SMST SMSAT15 | 30 pieces  | £51.74 £51.32 | <b>1 box</b><br>or <u>up to 3</u> with<br>colostomy                                    |
| Salts Mouldable Seals Standard / with Aloe                 | SMSS SMSAS15 | 30 pieces  | £52.56 £52.13 |  |
| Hollister Adapt Barrier Rings 48mm                         | 7805         | 10 pieces* | £18.34        | <b>3 boxes</b><br>or <u>up to 9</u> boxes<br>with colostomy<br><br>*Lower quantity box |
| Hollister Adapt Oval Convexity ring - On specialist advice | 79601        | 10 pieces* | £19.21        |  |
| Hollister Adapt Round Convex ring - On specialist advice   | 79520        | 10 pieces* | £18.30        |  |
| Pelican Cohesive Slims <b>2<sup>nd</sup> Line</b>          | 839005       | 30 pieces  | £58.55        | <b>1 box</b><br>or <u>up to 3</u> with<br>colostomy                                    |
| Pelican Cohesive Seals Small <b>2<sup>nd</sup> Line</b>    | 839002       | 30 pieces  | £59.69        |  |
| Dansac TRE Seals 30mm <b>2<sup>nd</sup> Line</b>           | 071-30       | 30 pieces  | £68.22        |  |

| Adhesive Removers (Sprays/Wipes)   | Code      | Quantity   | Cost  | Quantity per month   |
|--|-----------|------------|-------|--|
| <b>PATIENT TO USE WIPES OR SPRAY - THERE IS NO REQUIREMENT FOR USE OF BOTH</b> |           |            |       |  |
| <b>Remover Sprays</b>  |           |            |       |  |
| Peak Medical Offmate Stoma Adhesive Remover                                    | OM 50     | 50ml spray | £5.10 | <b>Up to 3 cans</b><br>dependant on<br>frequency of bag<br>changes |
| Opus Lift Plus 360 (neutral) / Lift Plus Citrus 360                            | 5506 5507 | 50ml spray | £5.30 |  |
| Clinimed Clinipeel   | 4501      | 50ml spray | £5.50 |  |
| Dansac EasiSpray Adhesive Remover <b>2<sup>nd</sup> Line</b>                   | 083-01    | 50ml spray | £6.75 |  |
| <b>Remover Wipes</b>   |           |            |       |  |
| StoCare Remove Non-sting Adhesive Remover Wipes                                | STC200    | 30 wipes   | £8.50 | <b>1 box</b><br>or <u>up to 3</u> with<br>colostomy                |
| Salts Adhesive Remover Wipes   | WAP2      | 30 wipes   | £8.89 |  |

| Belts/Supports  | Code   | Quantity | Cost        | Quantity per month            |
|---|--|----------|-------------|-------------------------------|
| <b>Belts</b>  |  |          |             |                               |
| Coloplast Brava Belt (standard – XL size)             | 0421 0422 (XL)   | 1 belt   | £7.10 £6.98 | <b>Maximum 3 per<br/>year</b> |
| Oakmed Adjustable Ostomy Belt 100cm                   | OCB02  | 1 belt   | £7.90       |                               |
| <b>Stoma support underwear, garments and clothing</b> |  |          |             |                               |
| Level 1 - Level 2                                     | <b>OTC items – patient can purchase direct from manufacturer</b> |          |             |                               |
| Level 3 - Stoma support underwear and clothing        | <b>Following specialist recommendation only – 3 per year</b>     |          |             |                               |

| Deodorants, cleansers and soaps   |
|---|
| <b>Not clinically necessary and prescribing of these products will not be supported in Suffolk and North East Essex</b> |

## Stoma Appliance Quantities

| Product   | Frequency of change  | Quantity per month  |
|---|--|---|
| <b>Colostomy non-drainable pouch</b>  |  |   |
| <b>One piece closed appliance</b>   | 2-3 times a day<br>discard after each use                        | 60-90 pouches   |
| <b>Two piece appliance: closed pouch</b><br>(involving a flange and pouch)          | Flange: 2 or 3 times a week                                      | 10-15 flanges   |
|   | Pouch: 2 or 3 times a day  | 60-90 pouches   |
| <b>Ileostomy drainable pouch</b>  |  |   |
| <b>One piece drainable appliance</b>  | 1-3 days   | 10-30 pouches   |
| <b>Two piece appliance: drainable pouch</b>   | Flange: 2 or 3 times a week                                      | 10-15 flanges   |
|   | Pouch: 1-3 days  | 10-30 pouches   |
| <b>Urostomy pouch with tap</b>  |  |   |
| <b>One piece appliance with a tap</b>   | 1-3 days   | 10-30 pouches   |
| <b>Two piece appliance: pouch with a tap for urine</b>                              | Flange: 3 times a week   | 10-15 flanges   |
|   | Pouches: 1-3 days  | 10-30 pouches   |
| <b>Attachments and accessories</b>  |  |   |
| <b>Urostomy night drainage system</b><br>for continuous drainage at night for urine | Night bag changed weekly   | <u>4 bags</u> per month<br>or <u>1 box</u> every 2-3 months |
| <b>Belts</b>  | 1 to wear, 1 in wash and 1 spare                                 | 3 belts per year  |
| <b>Adhesive removers</b><br><i>(only if required)</i>                               | If required at bag change  | 1-3 cans (dependent on frequency of bag changes)            |
| <b>Skin protective</b> (wipes or films)   | Selected patients only   | <u>1 bottle</u> or <u>1 box</u> of 30 wipes                 |
| <b>Discharge solidifying agents</b>   | On advice of specialist  | 1 box/container   |
| <b>Flange extenders</b>   | 2-3 at each flange change  | 1-2 boxes   |
| <b>Mouldable washers</b>  | At each bag change   | <u>1 box</u> or <u>up to 3 boxes</u> with colostomy         |
| <b>Deodorants</b>   | Not required – Household air freshener is suitable in most cases |   |

| <b>Restricted Products</b>                               |                                      |                             |
|--|--------------------------------------|-----------------------------|
| <b>Hernia (stoma related) support garments/underwear</b> | Level 3: Following specialist advice | Max quantity 3 per year     |
|  | Level 1 - Level 2                    | Do not prescribe – OTC only |
| <b>Deodorants, cleansers and soaps</b>                   | Not clinically necessary - OTC only  |                             |

## Useful Contacts

### Stoma Nurse Teams

#### **Ipswich & East Suffolk GP Federation - Community Stoma Nurses:**

Debbie Cooper and Claire Fellingham

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#### **Ipswich Hospital Stoma Nurses:**

Sharon Stopher and Sally Power

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#### **North East Essex Stoma Nurses:**

Emma Brown, Jennifer Edwards and Karen Jones

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#### **West Suffolk Community Stoma Nurse:**

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#### **West Suffolk Stoma Nurses:**

Katie Lloyd and Ann Hubble

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### Medicine Management Teams

#### **Ipswich & East / West Suffolk CCG Medicines Management Appliance Nurses:**

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