

Practice Nurse News EXTRA

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Ipswich and East Suffolk
Clinical Commissioning Group



Welcome to "IESCCG Practice Nurse News". A monthly newsletter to update you on work at the CCG and to provide the opportunity for **YOU** to share **YOUR** news and successes.

The Nurse Forum is for nurses working in general practice across Ipswich and east Suffolk to share information, link with each other and engage in shaping the future of practice nursing in East Suffolk.

If you have any comments to make about the newsletter or the forum, or would like to contribute to either please get in touch. Contact [Sally Harris](#).

Sally's Blog

Hi Everyone,

Our next planned PN newsletter had been for October, but that seemed too far away and as there is always so many things to share with you we decided to produce one for August. And now we have an extra one...!

It suddenly dawned on me when I was preparing for the last forum committee meeting last month that whilst we have been asking you all for your feedback on the PN forum events we have not been sharing the outcomes with you all. I am particular keen that we share a summary of the 'shared learning/what will you do differently', so this will now be included in the newsletter following each forum event ([see page 2](#)). Rest assured that as a committee we do take note of your comments about the organisation of the events.

It's full steam ahead with the preparations for the PN conference. I am really excited that the communications team at the CCG are able to support the event so watch out there might be a camera about 😊 We have an exhibition room with 14 service providers who are really excited to be able to network with you all and share the local services they have to support patient care. So if you haven't booked your place please [email Shelley](#) as soon as possible. Remember that you can attend part or all of the day (it is a shutdown afternoon) and the day is open to all.

There are just a couple of things I wanted to draw your attention too:

- BTS/SIGN Asthma and the NICE COPD guidelines have both been updated – take a look at the PCRS -UK website (www.pcrs-uk.org) on their home page there is a link to a great summary document of the updates.
- [Nursing in Practice](#) have some interesting articles about the shocking news that the number of **asthma deaths in the UK have risen by one third** in the past decade.

Ipswich and East Suffolk
Primary Care Nurse Conference
Wednesday 11 September 2019
Holiday Inn London Road Ipswich
09.00 – 17.00

The Practice Nurse Forum Committee are delighted to confirm the details of the first Primary Care Nurse Conference. The agenda reflects feedback from the practice nurse forum events, the conference is open to ALL.

Agenda
9.00 Registration
9.15 Opening Plenary
'Nursing Leadership in Primary Care Networks'
Karen Storey Primary Care Nursing Lead NHS England

Morning session
'The Problem with UTI's - To dip or Not To Dip'
Teresa Lewis Assistant Director of Infection Control & Prevention
East Coast Community Health Care Norfolk

Wound care – Management of skin tears/blisters/cavity wounds
Speaker to be confirmed

Afternoon session
'It's a pill Jim, but not as we know it'
Update on latest FSRH guidelines
Sally Roberts Contraceptive & Sexual Health specialist Nurse

'Communicating cardiovascular risk to patients'
Michaela Nuttall Cardiovascular Nurse Specialist/Director for Smart Health Solutions

There will be an opportunity to meet a variety of clinical teams and service providers during refreshment breaks

To book attendance for the whole or part day please contact
Shelley.Mitchell@ipswichandeastsuffolkccg.nhs.uk

Prioritise people Practice effectively Preserve safety Promote professionalism and trust

- There is a fantastic video produced in conjunction with PCRS and Nursing in Practice on emergency asthma – runs for about 30 minutes – www.vimeo.com/350931035
- QNI have launched a new website for General Practice Nurses (www.qni.org.uk). The key aim of the website is to enable nurses - and student nurses - to be aware of the opportunities available in general practice and the support that is available to them to embark on a career in GPN. It also includes the recent publication of a new Induction template for new GPNs.

Look forward to seeing you on 11th September.

Sally

Feedback from Practice nurse forum 20 June 2019:

Focus on Dementia

What will you do differently in your practice as a result of this training session?

Following the Dementia training I will...

Refer to Dementia Together when appropriate and explain the support available for the whole family

Be more aware of dementia signs and symptoms

*What is involved in the annual review with GPs?
Do they offer signposting to Dementia Together?*

Discuss with members of the team how we can move forward with diagnosis and review support for patients with dementia

Look at getting practice nurses to do memory tests as well as dementia review

Take information back and make suggestions of what more we can do as a practice

Discuss managing all LTCs in one session

Combine with LTC

Discuss personalised care plan – provide all LTC care in one appointment

Cascade information about dementia together to all clinical staff