



**East Suffolk and  
North Essex**  
NHS Foundation Trust

# Ipswich & East Suffolk TIA Service

**Dr M Rahman Chowdhury**  
**Stroke Consultant**



# When & How to refer!

## **FAST –ve but persistent neurology treat as an acute stroke**

- An acute onset of a neurological deficit and complete resolution warrants a referral
  - In the last week (urgent assessment within 24 hours)
  - Occurred more than a week previously (assessment within 7 days\*)

There is NO FURTHER RISK STRATIFICATION REQUIRED

**[ihn-tr.ipswichTIA@nhs.net](mailto:ihn-tr.ipswichTIA@nhs.net)**

\* Discretion of the specialist



# When to ring for help...

## Stroke Specialist Nurse

- Daily DECT Phone 8658
- 8am-7pm
  - Pre-alert where onset time is same day
  - All suspected strokes coming to ED
  - Crescendo TIA
  - Suspected cardioembolic source
  - Suspected carotid stenosis
  - Lack of a reliable observer at home e.g. aphasia

## Stroke Consultant

- Daily via switch Mon – Sun
- 9am-12pm
- Stroke unit  
01473702220/221
  - Decision re choice of antiplatelet
  - Decision to take a pragmatic approach



# Before they leave the surgery...

- Aspirin 300mg if not on any antiplatelet.
- Give all patients with suspected TIA and their family/carers information on the recognition of stroke and TIA and advise them to call 999 immediately if symptoms occur.
- Advise of not to drive until they have been seen by a specialist.
- They will be contacted by telephone – we need a reliable contact number.

