

Intervention Information

<p>Harm Reduction services</p>	<ul style="list-style-type: none"> • Needle exchange • Naloxone provision (Turning Point and selected Pharmacy) • Safer injecting and harm reduction info • Supervised consumption of OST medication
<p>Clinical</p>	<ul style="list-style-type: none"> • OST – Opiate substitution therapy • Alcohol detox medication • BBV testing • Hep C treatment • Medication safe storage boxes for clients with children • Health checks
<p>Psychosocial</p>	<ul style="list-style-type: none"> • ITC group – clients who are using heroin and/or crack and are not familiar with group work • RSP group – clients familiar with group work using heroin and /or crack who have started to control their use • MBRP – abstinent or stable on OST clients (no street drug use. Digital option soon. • Alcohol non-dependent group – non daily alcohol users. Digital option soon. • Alcohol dependent group – physically dependent clients who would require a medical detox • Reclaim – Non heroin and crack using drug users (all other drugs except alcohol). Digital option soon. • Rehab Workshop – group sessions to prepare for rehab
<p>Residential Rehabilitation</p>	<ul style="list-style-type: none"> • Referred onto by Turning Point • For clients who have not recovered with the help of local community treatment
<p>Peer Mentor Training</p>	<ul style="list-style-type: none"> • For individuals who are abstinent of drugs/alcohol • Substance free for a minimum of three months to apply • Need to complete 8 week Peer Mentor Training Programme • Role model to others in treatment offering ‘lived experience’

<p>Peer Mentor Support</p>	<ul style="list-style-type: none"> • 1-1 and group work to engage new clients into treatment • Supporting structured groups • Supporting external events • Mental health ward drop-in's (Ipswich and Bury)
<p>Aftercare</p>	<ul style="list-style-type: none"> • Abstinence based group run by peer mentors for those leaving treatment focusing on next steps
<p>Support for affected others with SFC/Iceni</p>	<ul style="list-style-type: none"> • 1-1 or group interventions for affected others run by Suffolk Family carers • Therapeutic interventions for families affected by substance misuse by Iceni – (Ipswich only)
<p>YP team</p>	<ul style="list-style-type: none"> • Works with ages 12 – 25 • Has a more outreach approach to engage young people • 18 – 25 can access all adult interventions listed
<p>Mutual Aid</p>	<ul style="list-style-type: none"> • Alcoholics Anonymous, Narcotics Anonymous, SMART Recovery – for service users – open access support groups • Al-Anon SFC family support group – open access family support groups