

Vague symptoms referral pathway via the Rapid Diagnostic Service

Prior to referral the following initial investigations MUST have been undertaken in Primary Care and reports attached to the referral (can be as a notes summary)

Bloods – in ICE hopefully there is a tab under diagnosis for unexplained weight loss

This should include FBC, U+E, LFT, ESR, Bone profile, TFT, HbA1c, TTG (Coeliac serology)

Ca 125(Females, PSA (Males) will need ADDING

Please do urine dip (?haematuria)

FiT test – patients need to understand important as many of these are not been returned but are needed

Some patients may go straight to tests – your clinical questions or suspicious are VERY helpful in guiding the triage process, please share your thoughts!

CXR and USS need requesting. MARK REQUESTS WITH RDS URGENT to ensure rapid processing

Don't forget this is NOT a 2WW cancer pathway

If a more clear 2WW appears in investigations then this should be used

Referral criteria

Aged >40 years and well enough to ATTEND clinic/ambulatory investigations
PLUS at least one of the following (please identify on the form)

- 1) GP "gut" feeling
- 2) Unexplained (no likely benign diagnosis) weight loss (>5% or strong clinical suspicion)
- 3) Unexplained abdominal pain/symptoms (normally this will have been for between 3/52-6/12 or have been recurrent resulting in 2+ attendances in a month, not previously investigated and without a likely diagnosis)
- 4) Unexplained constitutional symptoms >4/52 (Loss of appetite, fatigue, nausea, malaise)
- 5) Progressive otherwise undiagnosed pain including possible bone pain, that could be cancer
- 6) Malignancy markers not explained by known pathology (raised inflammatory markers, VTE, ALP>2x normal, hypercalcaemia)

Send Vague Symptom form to
iesccg.vaguesymptoms@nhs.net

Give patient link to leaflet/copy of leaflet

Advise patient they should have first contact within a

Other possible resources or referral routes – Colchester, Essex

- 1) AMSDEC Contact number-medical consultant can discuss same day/next day one shop type assessment 07825 963 646 - 7 days a week
- 2) Frailty team including some one stop shop assessment of mobility and Geriatrician advice 07557 315024 email chu-ftf.frailty@nhs.net
- 3) Endoscopy direct referral
- 4) Mental health support NEE IAPT (health in mind) 0300 330 5455 or in crisis 111 and MH crisis option
- 5) Consultant connect- now with more specialties and more rapid phone answering (16 options now!)
- 6) 2WW for site specific red flags
- 7) Urgent Community Response Service (UCRS) care co-ordination centre 0300 123 24 25 email suffolkcommunityhealthcare.referrals@nhs.net
- 8) Long COVID assessment service referral form suffolkcommunityhealthcare.referrals@nhs.net

Patients will be assessed and if cancer found WE will do the upgrade to the appropriate pathway and inform you of this

If there is no concerning diagnosis / another medical diagnosis this will be shared with referring GP and patient, and a further referral made if definitely needed.

Other possible resources or referral routes – Ipswich, Suffolk

- 1) Advice and guidance email
- 2) FAB service