

# Supporting adult survivors of childhood sexual abuse

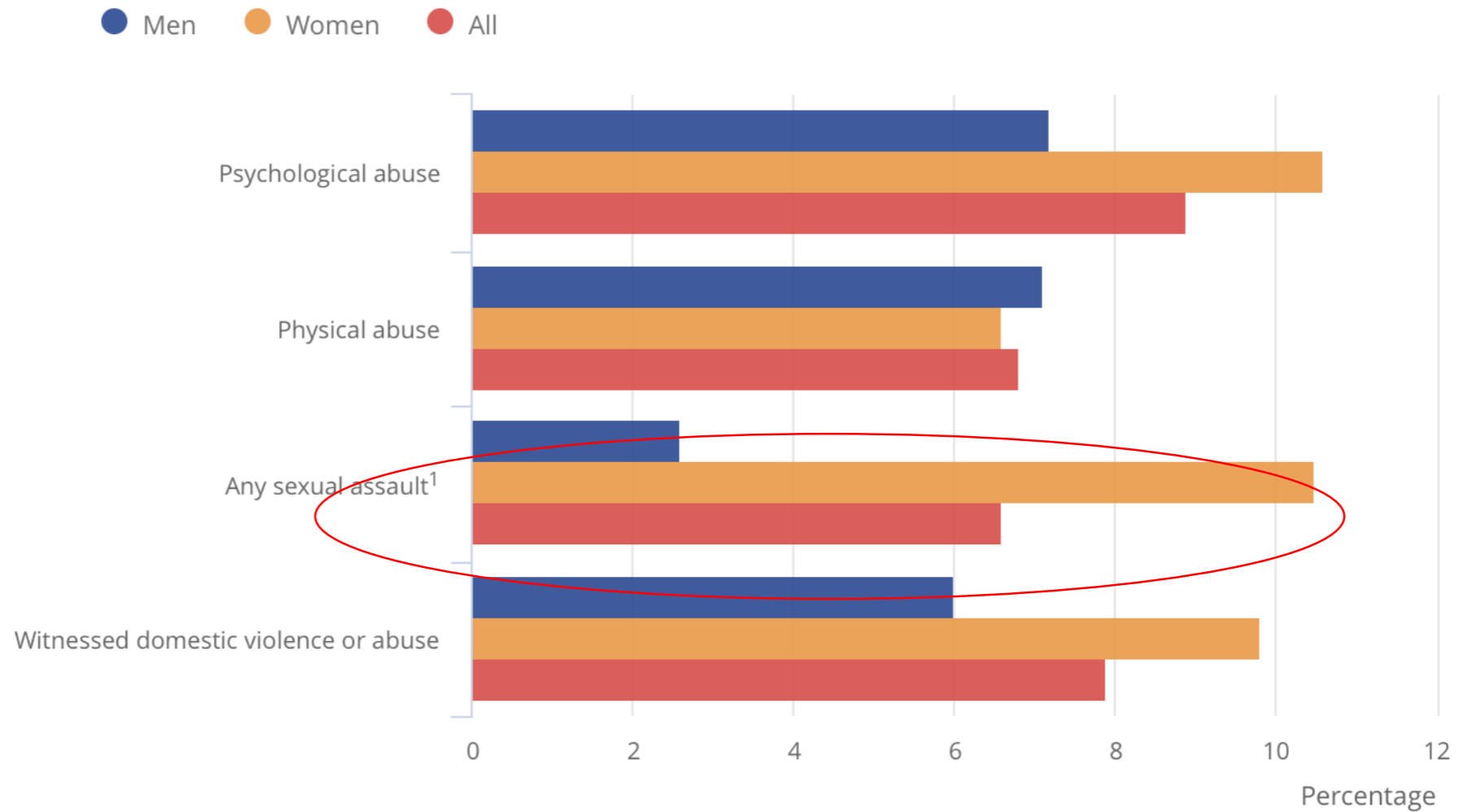
Primary Care Education Event

19<sup>th</sup> November 2020



# Prevalence of CSA

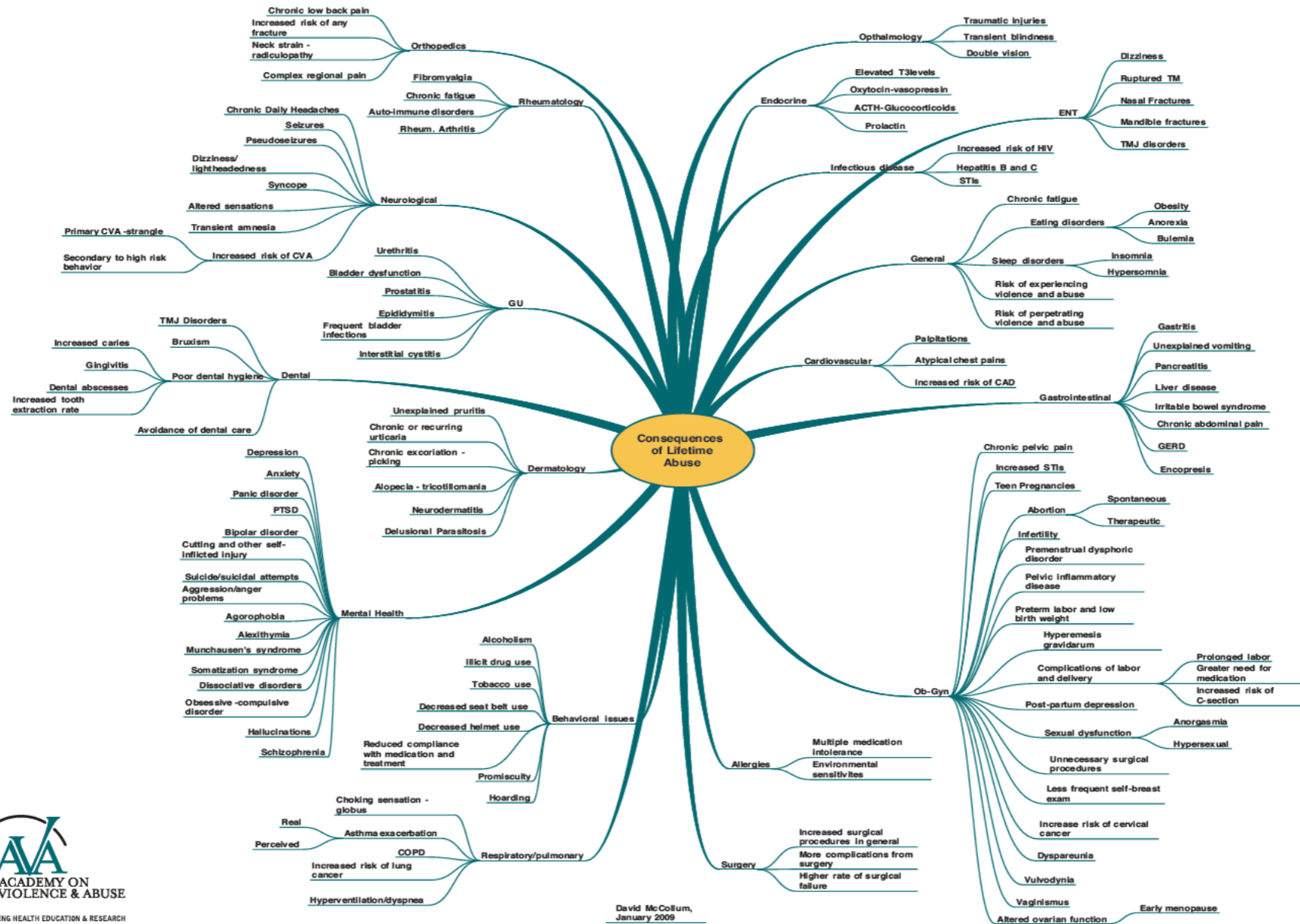
Figure 1. Prevalence of abuse during childhood among adults aged 16 to 59, by sex and by category, year ending March 2016, CSEW<sup>1</sup>



# Impact of CSA on physical health

## COLEVA

Known and Suspected Consequences Of Lifetime Exposures to Violence and Abuse



David McCollum, January 2009

# Presentation / disclosure in primary care settings

- Typical survivor?
- SiT / UoS Research
  - 2015 headlines
  - 2018 headlines
  - 2020 plans



# Typical Access Pathway:



# Managing a disclosure effectively

## SiT's 7 Principles



Hear me.  
Believe me.  
Respect me.

#Focusonsurvivors

1. Hear me, believe me, respect me
2. Genuineness
3. No surprised / being kept informed
4. Control
5. Boundaries
6. Transitional stages
7. Recognising resilience