



## Bal Kaur Howard Training Safeguarding Solutions for Professionals

### HARMFUL PRACTICES TRAINING

When: Friday 27<sup>th</sup> March 2020, 0915 for a 0930 start to 1615

Where: Healthwatch Offices, Unit 14 Hillview Business Park, Claydon, IP6 0AJ

To include:

- Honour Based Abuse
- Forced Marriage
- Female Genital Mutilation
- Breast Ironing / Flattening
- Spirit Possession

**Introductory offer: £75.00 per delegate to include lunch and refreshments.  
Spaces are limited.**

#### Trainer

Bal was employed by Suffolk Constabulary for 7½ years in their Domestic Abuse Team since 2009, offering her "expertise" on cases and writing safeguarding policies for Honour Based Abuse, Forced Marriage & FGM for the Constabulary & Local Safeguarding Boards.

From a personal experience, Bal was born in India and bought to the UK aged one. She was forced into a marriage at the age of 17 in this country. Bal's words "I refuse to take my past into the future, and regard myself to be an empowered survivor – my darkest past is now my greatest asset".

#### Testimonials

"The trainer was excellent. So easy to talk to, kept the training interactive and kept me thinking. Best training I have been on in a long time"

"This is a very powerful course delivered excellently"

"Brilliant! Very passionate about the subject, very clear explanations – varied teaching tools which maintained my interest"

"This was undoubtedly the best training course I have EVER done. Trainer is very knowledgeable and pitched the course just right"

**For further information, email [info@bkhtraining.co.uk](mailto:info@bkhtraining.co.uk)  
Or, come and visit us online at [www.bkhtraining.co.uk](http://www.bkhtraining.co.uk)**

