



MENTAL HEALTH & EMOTIONAL WELLBEING EVENING EDUCATION

Online Programme 2021/22

We are delighted to be able to extend our evening education sessions into the coming year, with a series of sessions offering practical guidance on how to make sure the needs of your patients and their families are met. We have planned the series based on both your suggestions and current concerns.

2021 upcoming topics:

Thurs 25 February	Perinatal mental health: Supporting patients during covid-19
Wed 24 March	Domestic Violence
Thurs 29 April	Personality Disorder (also known as Complex Emotional Needs)
Tues 25 May	Children and Young People
Wed 30 June	Crisis referral pathways & the 111 option 2 launch
Tues 21 September	Gender Dysphoria
Thurs 21 October	Dementia
Wed 24 November	Long term and severe mental illness including Annual Health Checks
Wed 15 December	PCN designated roles & new community models of care

2022

Tues 18 January	Depression and Anxiety
Thurs 17 February	Palliative care with focus to needs of ethnic communities
Tues 22 March	Eating disorders and physical care of those with eating disorders

We are planning for all sessions to be 7pm – 8.15pm via Microsoft Teams meeting. Please note, programme may be subject to change.

Sessions are FREE to attend and open to ALL primary care staff.

Please contact shelleyhart@nhs.net with any queries.



Feedback on previous online education evenings:

“Very clear information and good presenters, exactly what I needed to know.”

“I would recommended this to my colleagues”

“Our first speaker...was inspirational. speaking both clearly knowledgeable and from lived experience. You don't get much better than that.”

“Excellent speakers, clear concise and comprehensive”

“Extremely helpful update on topic and services available”

“more confident to make Wellbeing referrals especially for those who think they can't get help because they don't use the computer”