






Paracetamol

Please don't request paracetamol on prescription

Ipswich and East Suffolk Clinical Commissioning Group spent £1m on prescribed paracetamol last year

This is the equivalent of:

	39	MORE community nurses or
	270	MORE hip replacements or
	66	MORE drug treatment courses for breast cancer or
	1,000	MORE drug treatment courses for Alzheimer's or
	1,040	MORE cataract operations

Please don't request paracetamol on prescription

Last year NHS Ipswich and East Suffolk Clinical Commissioning Group spent £1m on prescribed paracetamol.

A box of 32 paracetamol tablets on prescription costs the NHS approximately four times as much as it does to buy the tablets from a pharmacy or supermarket.

Please speak to your pharmacist about other pain management options or contact Suffolk Wellbeing on 0300 123 1781 to find out about relaxation workshops for pain or stress control courses.



Suffolk Wellbeing

For more information visit:
www.readytochange.org.uk

**The NHS belongs to you,
use it responsibly.**



Published by NHS Ipswich and East Suffolk Clinical Commissioning Group

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**when it's less
urgent than 999**