

Newsletter

Issue. 111

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Welcome to the latest edition of our newsletter for primary care. We issue this newsletter to general practice on a regular basis to give you the latest updates and guidance. This is in place of the Weekly Inbox, publication of which has been suspended.

Previous issues – with attachments and [other useful links and resources](#) can be found [here](#). Clicking this link will not just give you access to archived newsletters but enable to access all the past resources and separate attachments plus a wealth of other resources that may not be in the newsletters. So please give it a go!

<p>Communications Toolkit</p>	<p>Ahead of Monday's easing of restrictions, please click here for a communications toolkit aimed at supporting you to share messages to patients about the continued need for them to wear face coverings and follow social distancing rules when visiting practices. As this is a changing situation, please look out for any updates relating to this toolkit. The toolkit include key messages to support staff in responding to queries about post 19 July restrictions, posters for you to print off and display, social media assets for you to use on your social media platforms, a media release to upload to your websites and a template letter for you to send to your patients. In addition, we have included assets to address the issue of abuse towards staff, called 'No Excuse for Abuse'. These include social media assets, posters and a video. The content is designed to support and help you. The CCG will continue to use its own comms platforms to support the messages in both parts of this toolkit.</p>
<p>ESNEFT Newsletter</p>	<p>You can view the latest edition of ESNEFT's staff newsletter here, and trust's COVID19 newsletter here.</p>
<p>SCC Poverty Strategy Questionnaire</p>	<p>This link takes you to an SCC survey for VCSE organisations. The aim is for organisations to co-produce and develop shared ownership of the upcoming Poverty Needs Action Plan for Suffolk, hosted by Public Health, Suffolk County Council. It is a priority for the action plan to be designed, delivered, and evaluated by residents in Suffolk. That includes those who receive services, communities, and business owners, but most importantly those who have experienced or are experiencing poverty and those who support them.</p>
<p>Healthwatch Suffolk Lifestyle</p>	<p>For your information, Healthwatch Suffolk have launched a new Lifestyle Survey. Over the past 18 months the Covid-19 pandemic and the lockdowns have changed the way we have been able to live our lives. The survey is attempting to find out more about what impact the changes to lifestyle have had on wellbeing. The results from this short survey (7 questions) will be reported to local healthcare providers in Suffolk and will help in assessing the long term impact of the pandemic on people's health and wellbeing. They may also provide an indication of people's need for health services in the future.</p>
<p>Primary Care Survey - Cognition</p>	<p>Sahra Mohamed, a <i>Drug Discovery & Pharma Management MSc</i> student at University College London School (UCL) School of Pharmacy, is conducting a dissertation project dedicated to developing tools that provide fast, objective, and sensitive measures of cognition. As part of this research, Sahra is hoping you can fill out a brief survey. It should take no longer than five minutes and no personal data will be collected. Responses will contribute to Sahra's efforts to understand the needs of primary healthcare providers when it comes to the early detection of cognitive impairment in their patients, as well as your attitudes towards digital diagnostic tools. Sahra would greatly appreciate it if you could fill in the survey by Wednesday July 21st. If you have any questions please email Sahra via sahra.mohamed.20@ucl.ac.uk.</p>

<p>Suffolk Voluntary and Statutory Partnership (VASP)</p>	<p>Please click the following link for the latest newsletter (12th July) from The Suffolk Voluntary and Statutory Partnership.</p> <p>Some of the events listed in this newsletter are now out of date but there is plenty of “within date” content too.</p>
<p>Older People’s Mental Health & Dementia Newsletter</p>	<p>The tenth issue of the East of England regional mental health team newsletter on Dementia and Older People’s Mental Health is available here. This month’s issue includes five pages of useful resources, events and information.</p> <p>At the forefront is the Antipsychotic Prescribing Guidance and Distressed Behaviour in People Living with Dementia Toolkit which has been produced by the regional team in collaboration with colleagues across the region. It includes details on the causes of distressed behaviour, tools that can be used to reduce and monitor distressed behaviours, and considerations for reviewing and prescribing different kinds of antipsychotics. Also included are features on additional funding for the recovery of dementia services, the Dementia Change Action Network, and work by the Centre for Better Ageing to promote age-friendly communities.</p> <p>Finally, the newsletter includes details on a webinar for unpaid and family carers on dementia, delirium and depression which is being run by the charity TIDE (Together in Dementia Everyday). This will explore the inter-relationship of dementia, delirium and depression, their early identification and how to ask for treatment and support. Please note this webinar is only open to unpaid and family carers and not professional staff.</p>
<p>Safeguarding Admin Training</p>	<p>Primary Care Admin Staff may be interested in the following training opportunity:</p> <p>An overview of Safeguarding with a focus on the role of the admin. Tuesday 20th July 11.30-1 via Microsoft teams.</p> <p>Please e mail Jo Hutchings johannahutchings@nhs.net or Tabitha Griffin Tabitha.griffin@nhs.net if you wish to join and haven’t received an invite.</p> <p>This session will be repeated in September for those unable to attend this session.</p>
<p>Time for Care – Primary Care Improvement Faculty Training Programme</p>	<p>NHS England and NHS Improvement’s Time for Care team is a national quality improvement team, which builds the capability and capacity of general practice colleagues to achieve their aims and ambitions. This opportunity is for those working in and around primary care in England, who want to build on their existing knowledge and experience of quality improvement. The comprehensive training programme combines quality improvement tools and techniques, practical approaches to the human dimensions of change as well as presentation and facilitation skills. Find out more and check out the full criteria.</p>
<p>Tackling Health Inequalities through Population Health</p>	<p>As part of the People Plan, Long-Term Plan and PCN maturity matrix NHS England Leadership Academy are currently offering a ‘Tackling Health Inequalities through Population Health’ Programme across Midlands and East of England. If you or someone within your teams or network are interested in the programme, please click on the link below for further information and sign up.</p> <p>https://eoe.leadershipacademy.nhs.uk/events/</p>
<p>Kooth – GP Events</p>	<p>Kooth are running 3 separate webinars during the month of August to highlight the benefits of Kooth.com and Qwell.io.</p> <p>The webinars will showcase how services can supplement the amazing work being done by Healthcare Professionals across England and Wales to support the Nation’s Mental Health and Emotional Wellbeing.</p> <p>If you work within a GP surgery in England, these webinars have been designed with you in mind. They will cover detailed information about the operation of the Kooth and Qwell services, including clinical processes and safeguarding procedures.</p> <p>Alongside this all attendees will receive a range of digital resources following the webinars to support signposting patients to these services.</p> <p>These webinars will be delivered via MS Teams:</p>

	<p>18th August - 14:00- 15:00</p> <p>19th August - 17:00 - 18:00</p> <p>23rd August - 12:30 - 13:30</p> <p>You can register for the sessions using the link: kooth-webinar-for-healthcare-professionals.eventbrite.co.uk</p>
Understanding the World Of..... Bite Size sessions	<p>The East of England Leadership Academy in partnership with Tricordant has developed a range of interactive sessions to support you as leaders working on the Integrated Care agenda to understand the world of your partners across health, care, voluntary, community, social enterprise and faith sector.</p> <p>Please click here for more details.</p>
NIHR Training	<p>Please see this flyer giving details of forthcoming Principal Investigator Essentials Live Interactive Training until the end of September. Sessions start on 28th July. Places can be booked via NIHR Learn. Please note that anyone booking the course will need to have a National Institute for Health Research (NIHR) Learn Account which can be set up via their website.</p>
Training Funding Requests	<p>Attached here is a form primary care colleagues can use to apply for training and development activity funding. You are encouraged to share your learning experience with your colleagues and immediate team members to help widen knowledge within your practice.</p>
Training and Education Event: Cancer	<p>Thanks to those of you who joined the Teams sessions on 14th July. We hope it was all useful. Please leave us your feedback below. We really appreciate it and it helps us with planning relevant and valuable sessions in future. All responses are anonymous, and you can download and keep for your own reflections. Many thanks for your time.</p> <p>https://forms.office.com/r/dFSj9saY5k</p>

If have any questions or important information to share in the next edition, please contact [Scott Pomroy](#).

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Visit the [CCG Covid-19 webpage](#) where you can find many [useful links and resources](#)