

# Newsletter

Issue. 100

30 April 2021

Welcome to the latest edition of our newsletter for primary care. We issue this newsletter to general practice on a regular basis to give you the latest updates and guidance. This is in place of the Weekly Inbox, publication of which has been suspended.

**Previous issues** – with attachments and [other useful links and resources](#) can be found [here](#). Clicking this link will not just give you access to archived newsletters but enable to access all the past resources and separate attachments plus a wealth of other resources that may not be in the newsletters. So please give it a go!

<p><b>Teledermatology</b></p>	<p>Over 1000 routine advice and guidance requests have now been sent through the Rego Teledermatology system since June 2020 from almost all practices. The system has proven to be highly effective in providing rapid advice to practices for patients with skin lesions within 1-2 working days, improving care for patients through faster diagnosis and reducing unnecessary hospital appointments, with 47% of patients able to be managed in primary care. If a hospital appointment is recommended following a routine advice and guidance request, please submit a referral by sending the Rego PDF to the appropriate service below:</p> <ul style="list-style-type: none"> <li>• Routine/urgent referral recommended – please use <b>ALL – Clinical Assessment Service – Dermatology REGO referrals – Ipswich Hospital – RGQ</b></li> <li>• 2WW referral recommended – please use <b>ALL – Clinical Assessment Service – 2ww skin (Dermatology) – Ipswich Hospital – RGQ</b></li> </ul> <p>We are in the process of contacting the remaining practices to work with them to use this proven pathway.</p> <p>Rego has also been expanded to incorporate a 2WW referral pathway for patients with suspected cancer who have not already been sent through the Rego routine advice and guidance pathway. This is currently being piloted in 16 practices, and we'll keep you updated on progress. For 2WW referrals, it is particularly important that the clinical features are visible in the images provided. Please read these <a href="#">top tips on how to take good quality photos</a>.</p> <p>For clinical / pathway queries, please contact <a href="mailto:caroline.wells@suffolk.nhs.uk">caroline.wells@suffolk.nhs.uk</a></p> <p>For technical queries, please use the live chat button on Rego or leave a message for the team at <a href="http://support.vantage.health/">http://support.vantage.health/</a></p>
<p><b>Practice Managers Association Newsletter</b></p>	<p>Below is a link to the May edition of the Practice Manager Association (PMA) Newsletter, which includes an item requesting nominations for the PMA Awards Programme 2021. The awards recognise and celebrate excellence in management across all areas of the health and social care sector.</p> <p><a href="#">PMA Newsletter   May 2021   Plenty of NEW news for you today. Make a cuppa and enjoy! (mailchi.mp)</a></p>
<p><b>Making the Most of Video Group Clinics in Chronic Disease Management: Catching up with QOF</b></p>	<p><b>WED 12 May 12.30 -13.30. GMT</b></p> <p>Join this one-hour webinar to experience a video group clinic and explore how you might use video group clinics to help you improve quality and efficiency during COVID19 and beyond. See and hear how this new way of providing chronic disease management support and QOF reviews works, is helping to create time and build clinician resilience through person centred digital transformation.</p> <p>To sign up, go to: <a href="https://www.redmoorelc.co.uk/events/making-the-most-of-video-group-clinics-catching-up-with-qof/">https://www.redmoorelc.co.uk/events/making-the-most-of-video-group-clinics-catching-up-with-qof/</a></p> <p>At this webinar you will hear from clinicians who are running VGCs for diabetes, asthma and cancer, and learn how video group clinics:</p>

	<ul style="list-style-type: none"> <li>• Improve access and support wellbeing</li> <li>• Realise up to 80% clinician time efficiency gains (6-8 patients reviewed in 30 minutes)</li> <li>• Maintain planned reviews, despite the challenges of social distancing</li> <li>• Support retention and flexible home working for clinicians</li> <li>• Restore joy to practice; reduce lone working and burn out</li> <li>• Build integrated working and team resilience</li> </ul> <p>If you are interested in accessing training to set up and run VGCs, you will also be signposted to training opportunities in your area.</p>
<b>Dying Matters Awareness Week 2021 - Promoting Community Support and Unity</b>	<p>Every year, Dying Matters Awareness Week is held to encourage communities, individuals and organisations to come together and open up the conversation around death, dying and bereavement.</p> <p>This year the awareness week is running from <b>10th-16th May</b> and, following the recent announcement of St Elizabeth Hospice's involvement with the Compassionate Communities project, the hospice is collaborating with St Helena, in Colchester, and St Nicholas Hospice Care, in Bury St Edmunds, to promote ways communities can support one another during difficult times in their lives.</p> <p>The collaboration between the three hospices will see them host a number of online events which will offer advice and guidance to help the public to support each other with kindness during some of the most difficult times in their lives, such as the death of a loved one or the diagnosis of a serious illness.</p> <p>For more details, please click <a href="#">here</a>.</p>
<b>Integrated Care Academy Foundation Week Programme – 24 to 28 May</b>	<p>Please click <a href="#">here</a> for details of a programme of open online events to mark the foundation of the new Integrated Care Academy (ICA).</p> <p>You can also find out more about the ICA at this link:  <a href="https://www.uos.ac.uk/content/integrated-care-academy-1">https://www.uos.ac.uk/content/integrated-care-academy-1</a></p>
<b>Heart Failure and Suffolk Coroners Talks</b>	<p>The recording of Dr Paul Venables talk on <b>Heart Failure</b> from last week's training and education event is now available to watch again via the CCG website (login required).</p> <p><a href="https://www.ipswichandeastssuffolkccg.nhs.uk">Training Cardiology (ipswichandeastssuffolkccg.nhs.uk)</a></p> <p>The <b>registrar</b> and <b>coroner</b> talks are also available on the same page.</p>
<b>Personality Disorder and Complex Needs</b>	<p>Thanks to those of you who joined our education evening around personality disorder and complex needs on Thursday 29<sup>th</sup> April. Can we remind you to please give us your thoughts and share your feedback with us, thank you. <a href="https://forms.office.com/r/VNgs8Vxwms">https://forms.office.com/r/VNgs8Vxwms</a></p> <p>Copies of the presentations will be available on the resource page of the website shortly, alongside a <a href="#">recording</a> of the event.</p> <p>Next time (<b>25 May</b>), we are covering children and young people's mental health with NSFT's Psychology in Schools Team. More details to follow.</p>
<b>Physician Associate Virtual Careers Fair</b>	<p>The inaugural Physician Associate Virtual Careers fair is taking place on <b>17<sup>th</sup> June 12pm – 4pm</b>. This is intended to provide a link between employers and Physician Associates across the East of England and is open to Primary, Secondary &amp; Community services either looking to hire PAs or interested in finding out more about the profession.</p> <p>Current PA employers will also be attending should any prospective employers wish to discuss the intricacies of hiring a Physician Associate.</p> <p>Please use the link below to register for the event. If you would like more details please contact <a href="#">Luke Selfe</a> (Physician Associate for Christmas Maltings &amp; Clements, Physician Associate Ambassador for Suffolk &amp; North-East Essex).</p> <p><a href="https://www.eventbrite.co.uk/e/east-of-england-physician-associate-virtual-careers-fair-tickets-14988856605">https://www.eventbrite.co.uk/e/east-of-england-physician-associate-virtual-careers-fair-tickets-14988856605</a></p>

<p><b>Sepsis Patient Care Conference: Early Detection and Effective Management</b></p>	<p>Ipswich and East Suffolk CCG have been allocated 3 part-funded places on a Sepsis Patient Care: Early Detection and Effective Management online conference taking place on the <b>7th September 2021</b>.</p> <p>To secure your place <a href="#">click here</a> and enter the discount code <b>100OFF</b> upon booking.</p> <p>The programme includes:</p> <ul style="list-style-type: none"> <li>• Implementing increased monitoring in patients with a high NEWS score</li> <li>• Assessing sepsis patients: carrying out comprehensive checks on patients to avoid missing key indicators</li> <li>• Clinician instincts: encouraging nurses to escalate health concerns despite unproblematic signals on paper</li> <li>• Palliative care: ensuring DNACPR plans and the ReSPECT toolkit are used in a timely and appropriate manner for patients with sepsis</li> <li>• INTERACTIVE SESSION: Responding Quickly and Effectively to the Deterioration of Sepsis Patients, with Siân Annakin (Sepsis Nurse Practitioner, The Dudley Group NHS Foundation Trust). Siân will ask a series of questions to delegates who will be able to respond via multiple choice answers on the online platform.</li> </ul> <p><b>View the full training agenda <a href="#">here</a></b></p>
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If have any questions or important information to share in the next edition, please contact [Scott Pomroy](#).

Issued by NHS Ipswich and East Suffolk Clinical Commissioning Group  
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Visit the [CCG Covid-19 webpage](#) where you can find many [useful links and resources](#)